USRowing Athlete Council, Meeting

31 August 2022 / 8:03PM - EST / Virtual Meeting

ATTENDEES

Athlete Council Representatives: Dariush Aghai, Liam Corrigan, Sara Hendershot, Grace Latz, Robin Prendes, Taylor Ritzel, Genevra Stone, Maddie Wanamaker

Council Representatives Not Present: Daniel Ahr, Jaclyn Smith

AGENDA:

Approval of July meeting minutes by all

Upcoming Board Meeting Presentation

- Currently preparing Athlete Council quarterly report of all athlete inquiries, formal and informal complaints/feedback. Need all feedback sent to Hendershot by Tuesday, September 6 to incorporated into Board pre-reads
- Marketing and brand equity were topics discussed as important and relevant to the athlete population. We anticipate these will be covered at the upcoming Board meeting and we agree that athlete input is needed here.

HOCR meeting

- In-person Athlete Council meeting, Friday October 21
- Initial agenda ideas
    - Year-in-review
    - Outline strategy and mission
    - Future planning for athlete representative coverage at selection or NSR events
    - Document Athlete Council processes to keep consistency with new athlete representatives as established ones term out. Consider creating an Athlete Representative on-boarding document.
    - Discussion of athlete representative travel support for meetings/coverage at athlete selection events. Create a lower barrier to entry for future reps and increase connection with the current athlete population.
    - Discussion on how to increase visibility and relay to the athlete population with what the Athlete Council has improved and implemented in 2022. Create an annual report? Host a small event/viewing party?

Athlete Fall Outreach

- Career Development Workshop, project headed by Taylor Ritzel
    - How to increase participation going into the fall
    - How to best structure to fit with different athletes' schedule? What should we include?
        - Examples:
            - 15' LinkedIN prep, break up similar subjects into bite-size pieces
            - How to negotiate remote work, flexible hours
            - Expectations around working while training, life balance
    - Capture non-Worlds athletes, U23 athletes, developmental athletes
    - Consider topics aimed at helping U23 athletes transition to national team life and work

High Performance Update

- Send a reminder to 2022 Worlds team for post-Worlds schedule and expectations with Speed Orders, Pan Am trials, testing dates

Meeting concluded at 9:03pm EST

ACTION ITEMS

1. Send athlete feedback to Chair, Hendershot, by September 6 to be included in the Board pre reads
2. HOCR meeting planning, spearheaded by Sara Hendershot. Send any leads for a venue able to host Athlete Council meeting and/or athlete event by the Athlete Council.
3. Send ideas for career development workshop to Taylor Ritzel for fall planning
4. Send reminder to 2022 Worlds Team for post-Worlds schedule