USRowing Athlete Council, Meeting

25 January 2023/ 8:00PM -9:02PM EST / Virtual Meeting

ATTENDEES

Athlete Council Representatives: Liam Corrigan, Sara Hendershot, Grace Latz, Robin Prendes, Taylor Ritzel, Jaclyn Smith, Genevra Stone, Maddie Wanamaker

Council Representatives Not Present: Dariush Aghai, Daniel Ahr

AGENDA:

Approval of October and November minutes by all

Update on USRowing altitude training camp in Colorado Springs - Maddie Wanamaker

- Data being collected that will be useful for any future altitude training camps ahead of World Championships.
- Good experience overall with COS site, facilities, and resources.

Prep for winter camp and racing

- Review of upcoming NSR, trials, and camps
- Looking for athlete reps to attend part of the winter training camp (2/12-3/01) and NSR (3/02-3/05) in Sarasota, FL.
- Make sure to communicate via Slack that non-DAS athletes can attend this camp if they cover their own costs. Encourage Wendy Wilbur or Will Daly to communicate logistics and details for this camp to the non-DAS athletes and HPG coaches.

Para HPC Update - Jaclyn Smith

- Recap on Para winter training camp in Sarasota, generally positive
- Athlete Council would like to influence Josy attend more Para HPC meetings to allow this committee to leverage his expertise

HPC Update - Gevvie Stone

- Reviewed 2023 selection procedures and shared notable changes from previous years
- Reviewed U19 and U23 trials schedule considerations
- Brief reminder to consider how and when to incorporate a U23 ex-officio member this year to represent this population, an idea explored in the AC's October meeting.

2022 Survey Results and Review

- Recap of meeting with CHPO with Sara, Dariush, and Grace
    - Josy's feedback:
        - Try for 2023 survey to accommodate isolating data for those on DAS vs not to make sure needs and resources for the most supported athletes are met first.
        - Glad to see survey results align with the plan.
    - Future adjustments based on survey results and budget include leveling resource access across all athletes
- Hendershot will present a condensed version of the survey results to the Board at their upcoming meeting
- Aim to have athlete interviews logged into the record by February 15, 2023

Code of Conducts:

- Update the definition of "athlete" on both the Athlete and Athlete Representative Code of Conduct to include "those entered a Senior/Para selection event and/or camp in the past 12 months or having made a Senior/Para National Team in the last 4 years"
- Once updated, aim to have all representatives sign the Athlete Representative Code of Conduct before next meeting. Kick off Athlete Code of Conduct at February 12 meeting with altitude camp athletes with Taylor Ritzel (the athlete representative attending)

Athlete Council Annual Report

- Goal: February 15 deadline for content, then refine before next AC meeting on February 22
- Delegate the following tasks: Executive Summary, Intro and Observations, 2022 Accomplishments, Looking forward and 2023 Goals

Career Development Update: Taylor Ritzel

- Working on crafting workshops to be released early spring based on interests expressed in survey and survey interviews

Meeting concluded at 9:02pm EST

ACTION ITEMS

1. Follow up with Wendy Wilbur and Will Daly about communicating logistics for the Sarasota winter training camp for non-DAS athletes and coaches
2. Anyone interested or available to attend winter training camp and selection (2/12-3/05) should message Hendershot. There may be assistance and a local housing contact.
3. Hendershot will send condensed survey results to the Board for their next meeting.
4. All representatives to upload athlete input from 2022 Survey interviews into record (contact Hendershot for access to document)
5. Message Josy to encourage him to attend more Para HPC meetings
6. Change definition of "athlete" in both Code of Conduct documents (Grace) and launch Athlete Code of Conduct with athletes at the Colorado Springs training camp (Taylor). Have all reps sign Athlete Rep Code of Conduct before the next meeting (Grace, by February 22).
7. Hendershot to delegate AC Annual Report sections. Finish content by February 15 and final review at next meeting (February 22).