

### 2025 Pride Month Resource Guide

Pride Month, celebrated every June, honors the legacy of the 1969 Stonewall Uprising in Manhattan—a pivotal moment in LGBTQ+ activism and the movement for equal rights in the United States. This month serves as a time to celebrate LGBTQ+ identity, culture, and diversity, while acting as a call to action that urges continued efforts toward equality, inclusion, and justice for all individuals.

Learn more through the resource guide below and celebrate within their boathouses during June and beyond. By respecting and valuing individuals in their rowing organizations, programs and organizations will become more inclusive and welcoming.

## **Positive Coaching Alliance Resources**

- Nurturing an Improvement Mindset
- How Parents/Caregivers Can Support Their Athletes Through Tough Moments
- Creating Positive Sports Environments and Intervention Strategies to Handle Challenges
- How Coaches Can Emphasize LGBTQ Inclusiveness
- Ally Guide for Coaches
- Trans Participation Policies: Do's and Don'ts
- Top Five Points for Allies of Transgender People to Remember
- How To Be a Champion of Inclusion in Athletics

#### **LGBTQ+ Inclusion in Athletics:**

- Ally Guide for Sports Leaders
- Ally Guide for Coaches
- Sports Equality Foundation
- Game Plan for Administrators and Athletic Directors

# For Parents and Caregivers of LGBTQ+ Youth:

- Caregiver Support Guide
- PFLAG
- Family Acceptance Project
- Colage

#### For LGBTQ+ Athletes:

- https://www.youcanplayproject.org/
- https://www.athleteally.org/
- https://www.thetrevorproject.org/
- https://www.glaad.org/
- PFLAG