



## Asian American, Native Hawaiian, and Pacific Islander Heritage Month

*Power in Unity: Strengthening Communities Together*

Since 1990, the U.S. government has designated the month of May as Asian American, Native Hawaiian, and Pacific Islander (AANHPI) Heritage Month, initially Asian/Pacific American Heritage Month, celebrating the achievements and contributions of Asian Americans, Native Hawaiians, and Pacific Islanders (AANHPI) in the United States. The month of May was chosen for several historical reasons, including commemorating the first Japanese to arrive in America on May 7, 1843, and the completion of the Transcontinental Railroad on May 10, 1869—an engineering achievement made possible in large part by the labor of Chinese immigrant workers.

USRowing encourages all members of the rowing community to learn more through the resource guide below and to celebrate within their boathouses during May and beyond. Programs and organizations will become more inclusive and welcoming by respecting and valuing individuals in their rowing organizations.

### WAYS TO CELEBRATE

At USRowing, we encourage our rowing leaders across the country to:

1. Join [Hydrow](#) in celebrating AANHPI Heritage Month.
2. Learn about prominent members and organizations making rowing more accessible for diverse communities: [Arshay Cooper](#), [Rowing in Color](#), [BLJ Community Rowing](#), [Brick City Rowing](#), [Row New York](#), and [Unity Boat Club](#).
3. Learn more about United We Row by joining the [United We Row Newsletter](#), and find resources on [The Launch](#) to expand on your organization's inclusion best practices.

### ADDITIONAL RESOURCES TO EXPLORE

- Steady State Network: [Rowing's Cultural Connection for Pacific Islander Youth: Anthony Heimuli](#)
- Go on a virtual tour of the [Smithsonian National Museum of Asian Art](#)
- [AsianPacificHeritage.gov](#)
- [National Archives AANHPI Heritage Month](#)
- Dive into the history and impact of Asian Americans in the United States through these PBS videos: [Hate is Learned: Tracing the History of Anti-Asian Violence](#) and [Asian Americans](#).
- Take a [Bystander Intervention Training](#)