

2026 USROWING BEACH SPRINT TRIALS, SPEED ORDER, AND NATIONAL CHAMPIONSHIPS

ENTRY PACKET



Welcome to the 2026 USRowing Beach Sprint Trials, Speed Order, and National Championships

Please read this packet completely as it includes information regarding entries, rules, events, qualification, eligibility, venue and other information about the policies governing this regatta. All crews competing in this are responsible for the information contained in this packet.

Be well and row fast,
USRowing



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IMPORTANT DATES & SCHEDULE INFORMATION

IMPORTANT DATES

JULY

AUGUST

1

JUNE 24, 2026

Registration opens on RegattaCentral.

2

JULY 24, 2026

Deadline to input entries for the regatta without paying late fees.
Last day to scratch entries and receive a full refund of the entry fee

JULY 24, 2026

Deadline for lineup changes to be entered into RegattaCentral.

JULY 27, 2026

Event schedule published.

AUGUST 4, 2026

Coaches & Athletes meeting (virtual)

AUGUST 6, 2026

Required Beach Sprints Orientation & Practice

AUGUST 7-9 2026

Racing Days.

ATHLETES & COACHES PRE-REGATTA MEETING

Athletes and Coaches Pre-Regatta Meeting will take place virtually over zoom on August 4, 2026, at 6:30 p.m. ET. Please **[CLICK HERE](#)** to register for the virtual pre-regatta meeting.

All competitors and coaches are responsible for all information in this packet and any information given at the Athletes and Coaches Pre-Regatta meeting. A recording for this meeting will be posted on the event RegattaCentral page, 24 hours after the conclusion of the meeting.

REQUIRED BEACH SPRINTS ORIENTATION

On August 6, from 10:00a.m. – 12:00 p.m., a beach sprints orientation will occur for athletes to gain more experience with the rowing discipline. All competing athletes and boat handlers are required to attend this orientation. You may be done earlier depending on your experience.

SCHEDULE INFORMATION

[CLICK HERE](#) for a tentative schedule. Please note that this schedule will be adjusted based on the number of entries.

The schedule will tentatively follow the below breakdown. This may be adjusted.

THURSDAY, AUGUST 6: Beach Sprints Orientation 10:00 AM- 12:00 PM. Practice 12:00-5:00PM

FRIDAY, AUGUST 7: 8:00 AM- 4:00 PM Time Trials, Knockout Rounds, Lower Finals

SATURDAY, AUGUST 8: 8:00 AM- 5:40 PM Head to Head Racing, Time Trials

SUNDAY, AUGUST 9: 8:00 AM- 3:00 PM Head to Head Racing



INCLEMENT WEATHER INFORMATION

USRowing, Chief Referee, and the Local Organizing Committee will work together to monitor the weather continuously during the regatta.

Should it be determined that schedule changes are necessary due to weather concerns, the Adverse Weather Policy will be utilized.

HEAT SAFETY GUIDELINES

USRowing is pleased to announce that we have developed Heat Safety Guidelines to help identify and mitigate heat illness risk in our sport. The guidelines were developed from the World Rowing Heat Safety Committees. All USRowing Owned regattas will follow these guidelines.

CLICK HERE for the USRowing Heat Safety Guidelines that will govern this event.

COMMUNICATION PLAN

Weather-related schedule changes will be announced utilizing the following mediums:

- Announcement will be made on the public address system at the venue.
- Online via RegattaCentral.
- Via Community text message. For real-time regatta updates, text #BeachSprintNats to +1 (609) 354-7711.

Crews are responsible for staying updated on all announced schedule changes.

SCHEDULE CHANGE PRIORITY SYSTEM

1. Trials events will take precedence over Speed Order events which will take precedence over National Championship events.
2. Please make note of the Adverse Weather Policy.

Under no circumstances will races be rescheduled for a date later than August 9, 2026.



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REGISTRATION INFORMATION

USROWING MEMBERSHIP

All U.S. based organizations must hold active organizational membership to be in good standing. For more information on organizational requirements, visit our website [HERE](#). Organizations can review their team accounts by logging in [HERE](#) using their RegattaCentral username and password.

For individuals to be compliant and eligible to compete in USRowing owned events, all the following criteria must be met:

- Hold an active USRowing Championship Membership
- Electronically signed USRowing Membership Agreement and Waiver
- Completed SafeSport self-attestation (if 18 years old or older)
- Current with SafeSport training (if 18 years old or older)

Competitors can renew an expired membership or check their current membership status by logging in to their member profile using their member number [HERE](#). For more information on the compliance requirements, visit our website [HERE](#).

To avoid delays at registration, teams should make sure all competitors meet all membership requirements prior to arriving at the event. A current list of your athletes, their member numbers and compliance statuses can be found on the online team roster through the USRowing Membership Portal [HERE](#).

There are additional requirements for those entering Speed Order and Trials events below:

COACHES AND SUPPORT STAFF:

All coaches and support staff attending the regatta must be registered for the regatta and meet their role-based compliance requirements below to ensure the safety of all participants. To register attending coaches and support staff, log into RegattaCentral [HERE](#), select the USRowing Championship Regatta, and click Coaches & Support Staff from the sidebar menu. When prompted, select your team and search for the respective coaches and support staff to register from your roster. Note: Coaches listed as a boat coach are not automatically pulled into this area as a registered event coach.

COACH COMPLIANCE REQUIREMENTS

- An active USRowing Membership (Basic or higher tier)
- Current signed USRowing membership agreement and waiver. 
- Completed SafeSport self-attestation.
- Current with SafeSport training.
- Cleared and current USOPC approved background check through NCSI.

SUPPORT STAFF

- An active USRowing Membership (Supporter or higher tier)
- Current signed USRowing membership agreement and waiver. 
- Completed SafeSport self-attestation.
- Current with SafeSport training.

In compliance with USRowing regulations, organizations participating in USRowing owned and/or sanctioned events may undergo random selection for audit. This audit will focus on ensuring that all adult participants with the organization have completed necessary SafeSport training and have current USOPC approved background checks if required by USRowing policies.

VOLUNTEER POLICY

USRowing implements a volunteer policy at all USRowing-owned events. For every USRowing-owned championship regatta, every registered team will be required to provide at least one (1) volunteer to work one (1) 4–6-hour shift during the regatta.

NEW for 2026: Teams that have not registered for their required volunteer shift by the final day of the entry deadline may be prevented from competing at a USRowing-owned regatta until a volunteer shift is signed up for.

Please click [**HERE**](#) for the full USRowing Volunteer Policy.

SAFESPORT

The physical and psychological well-being of all Participants is a priority for USRowing, and education is critical to prevent the harm that misconduct causes our members. In partnership with the U.S. Center for SafeSport, USRowing provides training on how to identify and prevent the various forms of misconduct, all Adult Participants within the Olympic & Paralympic Movement who have (i) Regular Contact with amateur athletes who are a minor, (ii) authority over amateur athletes who are a minor, or (iii) are employees or board members of USRowing or Member Organizations as well as (iv) adult athletes who have regular contact with amateur athletes who are a minor are required to take the SafeSport Trained Core course or its relevant refresher training on an annual basis. If an Adult Participant has not completed the SafeSport training that they are required to prior to attending a regatta, the Participant will not be allowed to participate.

As a member organization of the U.S. Olympic & Paralympic Committee (USOPC), USRowing and USRowing Member Organization's members, employees, contractors, volunteers, officials, board members, committee members and other designees (collectively "Participants") are required to comply with the U.S. Center for SafeSport Code of the U.S. Olympic and Paralympic Movement.

As a registered Participant in a USRowing event, you are required to adhere to [USRowing's Abuse Prevention and Response Policy](#). Additionally, reporting misconduct is vital to protecting athletes and preventing further incidents. Sexual Misconduct must be reported to the U.S. Center for SafeSport at U.S. Center for SafeSport at <https://uscenterforsafesport.org/report-a-concern/> To report other forms of misconduct, including violations of the Athlete Abuse Prevention Policies, refer to the reporting protocols, including how to report a violation.

IMPORTANT: All Relevant Adult Participants (defined here) must complete SafeSport training and be in good standing by the lineup entry deadline. If this is not the case, the Relevant Adult Participant will not be eligible to participate and will not be allowed to be on site.

Click [HERE](#) for the Athlete Safety Procedures for USRowing Event Organizers.
Click [HERE](#) for information regarding USRowing's Abuse Prevention and Response Programs.

CREDENTIALS

A coach or team representative may pick up the credentials for their team onsite at registration. Regatta registration fees must be paid in full prior to credential distribution. Credentials will be withheld for any noncompliant athletes, coaches, or support staff and can be picked up at registration once compliance is met.

Athletes, Coaches, and Support Staff will be required to show credentials in order to pass through Control Commission and launch for racing sessions. Crews may not be able to launch without showing proper credentials. Credentials can be worn on either wrists or ankles.

ENTRY FEES

Entry fees for the 2026 USRowing Beach Sprint Trials, Speed Order, and National Championships will be per-seat.

Entry fees will vary based on venue- and competition-specific costs.

Entry fees become non-refundable after August 1, 2026. On August 1, 2026, a team's final invoice will be sent to the team administrator. All entry fees must be paid before a team arrives on site. After this date, unpaid entries may be scratched from the regatta.

Crews representing an organization with an outstanding balance from any USRowing activity may not be allowed to compete until the balance is paid in full.

2026 USRowing Beach Sprint Trials, Speed Order, and National Championships - Entry Fee	\$100 per seat
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TRIALS EVENTS AND SPEED ORDER EVENTS

Please familiarize yourself with the following:

Beach Sprint Selection Procedures

Competitors are responsible for providing their own boat handlers.

Entrants are reminded that the rules for the coastal discipline require rowers to be responsible for making decisions in relation to their level of skills. Please make sure your teams have suitable experience of racing in waves alongside their rowing competency.

USRowing is committed to fair play. All athletes participating in selection for, and competing as a member of, all U.S. national rowing teams must be in compliance with United States Anti-Doping Agency (USADA), International Olympic Committee (IOC), United States Olympic and Paralympic Committee (USOPC), World Anti-Doping Agency (WADA), FISA and USRowing rules and requirements relating to banned substances, including but not limited to undergoing testing and obtaining and maintaining current therapeutic use exemptions as needed. Failure to adhere to anti-doping rules and requirements may result in an athlete losing eligibility to compete for the United States.

SELECTION ELIGIBILITY

- All competitors must have completed the USRowing **ECG and Pre-Competition Health Screening**.
- All competitors must have completed the USRowing Anti Doping Acknowledgement.
- All competitors must be current Championship, or Legacy Members of USRowing and have a signed liability waiver on file.
- All competitors must have current Safesport training.
- Competitors in the event must have a valid US passport, many countries require that your passport be valid for at least 6 months past the date of departure.

Athletes will not be permitted to launch if they are not in compliance with these requirements. To renew or create a Membership, go to **www.usrowing.org** and click on "Join" or contact member services at 1-800-314-4ROW. To sign your waiver and Anti-Doping Acknowledgement, go **here**.

RACING FORMAT

Please see the **2026 Beach Sprint Selection Procedures**.

Please note that we will be following the **World Rowing Beach Sprint Progression** for Eight Entries. Time trials will be used to cut to the eight in Trials events.

Also please note that World Rowing has recently implemented new rules for Beach Sprints which will be in place for these trials. Please take note of the following items:

1. Crews are required to have at least one boat handler of each gender when there are two or more boat handlers.
2. Crews will be required to designate a preferred lane prior to the beginning of the Final Round of Eight racing. You will not be able to switch lanes after racing begins.

ADVERSE WEATHER POLICY

Click to view the **Adverse Weather Policy**

ANTI-DOPING

All competitors must have completed the USRowing Anti-Doping Acknowledgement. This acknowledgment, and your USRowing liability waiver, can be signed **here**.

To learn more about Anti-Doping Information, please go **here**.

For questions about the Speed Order, contact Mike Zimmer (michael.zimmer@usrowing.org).

ENTRY LIMITS

National Championship events will be limited to a maximum of 16 total entries per event. If the schedule allows, we will reach out about further possibilities.

TEAM ENTRY LIMITS

There is a limit of two entries per team in National Championship events.

SCRATCHES

A crew that enters in the 2026 USRowing Trials, Speed Order, and National Championships shall be required to compete in all its stages: time trials, heats, semifinals, and/or H, G, F, E, D, C, B, or A finals. A scratch occurring after racing has begun may result in a scratch fee of \$50 per seat.

LINEUPS & LINEUP CHANGES

All entries must include the lineup of athletes to compete as part of that entry. Lineups are due by the close of entries. Any lineup change after that date is subject to approval and compliance requirements.



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COMPETITION INFORMATION

***ELIGIBILITY**

Entries/Crews from outside of the United States are not eligible to compete at this event. All participants must be USRowing citizens and meet the required criteria for their event.

SKILL ELIGIBILITY

Athletes must obtain the listed skills and pass the safety checklist prior to competing at the 2026 USRowing Beach Sprint Trials, Speed Order, and National Championships

- All athletes are required to have prior experience and skill in sculling.
- All athletes are required to provide two boat handlers that meets World Rowing Rules of Rowing.
- All athletes are required to pass the Beach Orientation.

EQUIPMENT

USRowing will provide all beach sprint shells for competitors. No outside shells will be allowed to practice or race in. Competitors are responsible for providing their own oars. Oars will be available for rent from Croker on site. Please contact Greg Doyle <greg@crokerusa.com>

BOAT HANDLER INFORMATION

Each boat is required to provide two boat handlers that will assist the boat and perform the necessary tasks during the competition. Boat handlers must register under "Support Staff" on RegattaCentral and meet the compliance requirements.

DEFINITIONS

UNAFFILIATED: Crews entered as "Unaffiliated" are not considered to be representing a club or organization for this regatta. Competitors may compete as "unaffiliated" in single sculls only, as composite entries are not accepted for this event. "Unaffiliated" competitors must meet the individual membership requirements listed in this packet.

WOMEN'S EVENTS: This category is limited to athletes who were assigned a sex at birth of female.

MEN'S EVENTS: This category is for rowers of any sex and gender.

OPEN GENDER EVENTS: This category is for rowers of any sex and gender. Rowers who participate in this category may compete in either the Women's or Men's competition category if they qualify for such category.

NOTE: The intention behind this category is to create space for non-binary and gender diverse athletes to compete if they wish to do so outside of the binary events, but all are welcome to compete here.

OPEN: The National Championships events are all "open" which means that all ages are welcome in the National Championships events.

AFFILIATION

The standard 2026 USRowing affiliation rule does not apply at this regatta. Composite entries are welcome to participate.



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RULES

2026 World Rowing Rules of Rowing will govern this event.

USRowing licensed referees will officiate the event to ensure safety and fairness, except as specified in this entry packet.

UNSPORTSMANLIKE CONDUCT

The 2026 USRowing Beach Sprint Trials, Speed Order, and National Championships does not tolerate unsportsmanlike conduct and follows the USRowing Rules of Rowing guidance for the act.

If you or one of your athletes witnesses unsportsmanlike conduct of any kind, please refer to the **USRowing Code of Conduct** on how to escalate the matter.

SEEDING

Boat assignments for the time trials in 2026 USRowing Beach Sprint Trials, Speed Order, and National Championships will be randomized.

PROGRESSION

For National Championship and Trials events we will follow World Rowing Beach Sprint progressions for 8 boats as outlined in Rule RCB 12. A time trial will be used to cut to 8. We will run lower finals based off results in the Time Trial for National Championship events. For Trials events, we will only run A and B finals. For Speed Order events we will follow the World Rowing Beach Sprint progressions but will only run A and B finals.

Each crew is responsible for knowing the progression of their event. Progressions may not be announced at the starting line.





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MEDALS & TROPHIES

MEDALS

Medals will be awarded to the first, second, and third-place finishers in each National Championship A- Final.





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VENUE INFORMATION

VENUE

East Beach · 1014 E Rodney French Blvd, New Bedford, MA 02744

SPECTATOR & TEAM PARKING INFORMATION

COMING SOON!

TRAFFIC PATTERN MAPS

COMING SOON!

SPECTATOR INFORMATION

Spectators will not have access to the field of play, but may bring their own chairs/tents to view racing!



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PRACTICE & ADDITIONAL INFORMATION

PRACTICE

Practice will occur on Thursday, August 6 from 12:00-5:00 pm. Specific practice blocks will be announced closer to racing.

EVENT DRONE POLICY

In accordance with USRowing's drone policy, anyone interested in utilizing a flying drone at the regatta venue must receive approval from USRowing and the Local Organizing Committee.

Unapproved drones are not permitted anywhere on the regatta venue. Continued use of unapproved drones may result in penalties to the associated crew, and the operator may be subject to removal from the venue.

A crew may be subject to an "unsportsmanlike conduct" penalty if a person affiliated with their organization, including spectators and parents, engages in the use of an unapproved drone at the regatta venue.





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ACCESSIBILITY, INCLUSION, & ACCOMMODATION

USRowing is committed to accessible and inclusive events for all. All spectator, competition, awards, and parking areas are accessible. **If you or someone in your organization needs an additional accommodation for a disability, please fill out this link [HERE](#) as soon as possible.**