USROWING®

INDOOR NATIONAL CHAMPIONSHIPS

2027

ENTRY PACKET



Welcome to the 2027 USRowing Indoor National Championships!

In 2027, USRowing is teaming up with premier indoor rowing regattas nationwide to serve as official host sites of the USRowing Indoor National Championships. Compete at your regional host site for a chance to showcase your skills, test your limits, and go head-to-head with athletes from across the country in competing for the prestigious title of National Champion!

Our Indoor National Championships will all take place on February 6, 2027 and race results from the official host sites will be aggregated in real time on the official USRowing National Leaderboard. At the conclusion of the final competition at the last site, USRowing will crown national champions for each of the 100+ events! The top three finishers on the National Leaderboard for each event will also receive a medal in recognition of their achievements.

The Championships feature an extensive range of events spanning various age groups and categories, including under 15, under 17, under 19, under 23, open, lightweight, para, and masters divisions. With accessibility at the forefront, we hope to attract more local talented rowers and broaden participation in the sport.

Please review this packet, as it contains important details concerning this year's National Championships. The rules and information depicted in this packet are the governing rules for all the official host sites of the 2027 USRowing Indoor National Championships. All participants are accountable for the information provided in this packet. For all host site specific information, please visit the webpages for each host site linked below.

USRowing would like to thank our all our official host sites!

Be well & row fast,
USRowing



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IMPORTANT DATES & HOST SITE INFORMATION

Below are the important dates and information for each of the official host sites for the 2027 USRowing Indoor National Championships. **For all registration deadlines, please visit the RegattaCentral page for the host site where you intend to compete.** All competitions for each of the official host sites will take place on February 6, 2027.

ATLANTA ERG SPRINTS

Georgia Tech Campus Recreation Center - Atlanta, GA
Click **HERE** for the Atlanta Erg Sprints RegattaCentral page.

NEW FOR 2027! - DENVER INDOOR ROWING CHAMPIONSHIPS

Genesis Health Club Monaco - Denver, CO
Click **HERE** for the Denver Indoor Rowing Championships RegattaCentral page.

NW ERGOMANIA!

University YMCA Student Center - Tacoma, WA
Click **HERE** for the NW Ergomania! RegattaCentral page.

PITTSBURGH INDOOR ROWING CHAMPIONSHIPS

David L. Lawrence Convention Center - Pittsburgh, PA
Click **HERE** for the Pittsburgh Indoor Rowing Championships RegattaCentral page.

SOUTH SIDE SMACKDOWN / TIRO CUP

Gage Fieldhouse - Chicago, IL
Click **HERE** for the South Side Smackdown / The Trio Cup RegattaCentral page.

Tennessee Indoor Rowing Championships

University of Tennessee-Chattanooga's Maclellan Gymnasium
Click **HERE** for the Tennessee Indoor Rowing Championships RegattaCentral page.



NATIONAL LEADERBOARD EVENTS

USRowing's host sites provide a diverse selection of over 100 events encompassing various age categories, including under-15, under-17, youth, under-19, under-23, open, lightweight, para, and masters divisions. All events will be contested over standard distances of 2,000 meters and 500 meters, and a 1-minute race as well.

New for 2027! Based on member feedback from 2026, USRowing is pleased to introduce the Youth 2000m Relay for the 2027 season. This event will follow the traditional "Youth" definition outlined in the USRowing Rules of Rowing.

In addition to the National Leaderboard events listed, each host site will offer unique local events. These local events will not be included in the National Leaderboard standings.

Please visit the host site's RegattaCentral page, linked above, for detailed scheduling information, as the event list below does not reflect the specific schedule, event order, or event timing.

For the National Leaderboard Event List, please click **HERE.**



REGISTRATION INFORMATION

USROWING MEMBERSHIP

Waiver of Liability

All competitors participating in the 2027 USRowing Indoor National Championships must have a completed USRowing Waiver of Liability on file.

Non-Members: Athletes who are not current USRowing members must electronically sign the 2027 USRowing Waiver of Liability. The waiver link will be available beginning mid-December 2026 in the USRowing Indoor National Championship entry packet and on each official host site's RegattaCentral page. Upon completing the waiver, non-member athletes will be prompted to pay a processing fee.

USRowing Members: Current USRowing members must complete the Waiver of Liability through their USRowing member portal. Log in to your member account and complete your waiver HERE.

If an athlete does not meet all USRowing individual member compliance requirements by February 5, 2027, at 11:59 p.m. (ET), the athlete may not be able to compete and may be scratched from the 2027 USRowing Indoor National Championships.

NOTE: In compliance with USRowing regulations, organizations participating in USRowing owned and/or sanctioned events may undergo random selection for audit. This audit will focus on ensuring that all applicable adults* associated with the organization have completed necessarySafeSport training and have current verified background checks as required by USRowing policies.

*Applicable adult is any adult participant who is in a position of authority over athletes of any age or any Adult Participant who has regular contact with youth athletes.

ENTRY INFORMATION

All entries must be submitted online through the RegattaCentral page of the host site at which the athlete(s) plan to compete. Please note that entries will only be accepted through RegattaCentral; no paper registrations will be accepted.

Entry fee refund policies are managed by the official partnering host sites for the 2027 USRowing Indoor National Championships. If you have to scratch for any reason, please contact the event organizer of the host site you are participating at for more information.

Athletes representing an organization with an outstanding balance from any USRowing activity will not be allowed to compete until the balance is paid in full.

IMPORTANT NOTE: If an athlete misses their assigned race time for a National Championship event, they will be excluded and will not be allowed to compete in that event.

COMPETITION INFORMATION

DEFINITIONS

- **Youth:** A Youth is a competitor who in the current calendar year does not attain the age of 19, or who in the current calendar year does not attain the age of 20 and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A Competitor thus ceases to be a Youth after December 31 of the year of their 18th birthday (U19), or upon completion of the 12th grade of secondary school, having been a full-time student within the year of their 19th birthday (U20). Athletes older than U20 are never eligible to compete as Youth.
- **U23:** A Competitor may compete in the U23 category until December 31 of the year of his or her 22nd birthday.
- **U19:** A Competitor may compete in the U19 category until December 31 of the year of his or her 18th birthday.
- **U17**: A competitor may compete in the U17 category until December 31 of the year of his or her 16th birthday.
- **U15:** A Competitor may compete in the U15 category until December 31 of the year of their 14th birthday.
- **Women's Events:** This category is limited to athletes who were assigned a sex at birth of female.
- **Men's Events:** This category is for rowers of any sex and gender.
- **Open Gender Events:** This category is for rowers of any sex and gender. Rowers who participate in this category may compete in either the Women's or Men's competition category if they qualify for such category.
    - **NOTE:** The intention behind this category is to create space for non-binary and gender diverse athletes to compete if they wish to do so outside of the binary events, but all are welcome to compete here.
- **Unaffiliated**: "Unaffiliated" competitors must meet the individual membership requirements listed in this packet.
- **Open:** Open events are open to competitors of any age.
- **Master:** A Master is a competitor who has attained, or will attain, the age of 21 during the current calendar year. A Competitor's age is determined as of December 31 of the current calendar year, rounded down to the nearest whole number. A Competitor thus becomes a Master on January 1 of the year of his or her 21st birthday.

Masters Crews shall be classified by age according to the following categories:

- **(AA)** 21 to 26 years,
- **(A)** 27 to 35 years,
- **(B)** 36 to 42 years,
- **(C)** 43 to 49 years,
- **(D)** 50 to 54 years,
- **(E)** 55 to 59 years,
- **(F)** 60 to 64 years,
- **(G)** 65 to 69 years,
- **(H)** 70 to 74 years,
- **(I)** 75 to 79 years,
- **(J)** 80 to 84 years,
- **(K)** 85 to 89 years,
- **(L)** 90 to 94 years,
- **(M)** 95 to 99 years,
- **(N)** 100 and over.



PARA AND ADAPTIVE DEFINITIONS

Para Classified (Open Events)

- **PR1**: (formerly Arms and shoulders): Allocated to Rowers with a verifiable and permanent impairment who have minimal or no trunk function. A Rower in the PR1 sport class is able to apply force predominantly using the arms and/or shoulders. These Competitors will likely have poor sitting balance.
- **PR2**: (Formerly TA or Trunk and Arms): Allocated to Rowers with a verifiable and permanent impairment who have functional use of the trunk and who are unable to use the sliding seat to propel the boat due to significantly weakened function or mobility of the lower limbs.
- **PR3** (**PI**): Physical Impairment (formerly Legs, trunk, and arms): allocated to Rowers with a verifiable and permanent impairment who have functional use of their legs, trunk, and arms for rowing, and who can utilize the sliding seat to propel the boat.

Adaptive Self Classified (SC) Subcategories

- **PR1 (SC):** See above
- **PR2 (SC):** See above
- **PR3 PI (SC):** See above
- **PR3(FES)**: Functional Electrical Stimulation
- **PR3(GD)**: Genetic Dwarfism- As defined by IDSF (International Dwarf Sports Federation).
- **PR3(DS)**: Down Syndrome: allocated to Rowers meeting the eligibility/classification requirements set by Virtus (formerly INAS), or (ii-2) and managed domestically by Athletes Without Limits, who has a formal diagnosis of Trisomy 21 Down syndrome, and; a statement that the rower is clear of symptomatic Atlantoaxial Instability (ASSI).
- **PR3(AK)**: Single Leg, Above the Knee Amputee) Allocated to rowers who have an above knee amputation of one limb.
- **PR3(SA)**: (Single Arm) This sport class is for PR3 rowers who are only able to row with a single arm connection to the handle. These impairments may be similar to the PR3(PI) sport class, but the rower may only have one arm connected to the handle. They are not allowed to use their affected arm or hand in any way when rowing on water or on the ergometer.
- **PR3(II)**: Intellectual Impairment, allocated to Rowers meeting the eligibility/classification requirements set by Virtus (formerly INAS), or (ii-1) and managed domestically by Athletes Without Limits, which include- An IQ of 75 or lower, significant limitations in adaptive behavior as expressed in conceptual, social, and practical adaptive skills, and impairment diagnosed before age 18.
- **PR3(RA)**: Requires Accommodation- Reserved for sport classes that do not fall into the above categories, may include athletes with a neurodiverse impairment.
- **PR3(VI)**: (Leg Trunk and Arms—Blind or Visually Impaired) This category is for rowers who have functional use of their leg(s), trunk and arm(s) for rowing and who can utilize the sliding seat. In addition, these athletes have permanently impaired vision. These athletes have reduced or no vision.

PARA CLASSIFIED (OPEN EVENTS)

All Rowers racing in Para Rowing Races shall be classified before competition. The Open PR1, PR2 and PR3 are intended to be for World Rowing International or US Classified rowers. For more information on the classification process, visit the USRowing website. Click **HERE** to Request a US Athlete Classification. There will be no protests over any classified rower's sport class designation during a US regatta. Rowers may compete in a more functional sport class than their assigned sport class but not in a less functional sport class. For example, a Rower classified as PR2 may compete in PR3 events but may not compete in PR1 Events.

ADAPTIVE SELF CLASSIFIED (SC)

The Adaptive subcategories fall under the self-classified events. The PR1 (SC)/PR2 (SC)/PR3 (SC) events are open to athletes that self-classify in the PR1, PR2 or PR3 sport classes.

Should there be a protest over an Adaptive Self Classification, the athlete must be able to provide the required medical documentation, as well as had participated in a classification within one month of competition.

AFFILIATION

All participants participating at each of the official host sites are required to be affiliated with a single program throughout the entire duration of the event.

RULES OF ROWING

The 2027 USRowing Rules of Rowing are the governing rules at all host sites for the 2027 USRowing Indoor National Championships. To review the USRowing Rules of Rowing, please click **HERE**.

The following rules will be waived for this event:

- 4-103 Eligibility to Compete in Events – Please refer to the "Definitions" section of this entry packet to determine the event definitions for the Indoor National Championships.
- 11-210(c) Outside Assistance - Athletes are allowed to wear headphones to listen to music during racing but may not communicate with a coach and/or outside assistance via the headphones.
- 11-302(c) Consistency of Equipment - Seat pads may be used, but cannot be affixed to the rowing machine in any way.

EQUIPMENT

Concept2 ergometers will be used at the 2027 USRowing Indoor National Championships.

For Para and Adaptive events, fixed seats are not provided. Athletes must bring their own equipment for Para and Adaptive needs.

RELAY RACE RULES

Relay events will be offered in the following categories: **Youth Men, Youth Women, U23 Men, U23 Women, Masters Men, Masters Women, and Open.**

Each relay will be 2000 meters, with teams composed of four (4) athletes, each responsible for rowing 500 meters.

Race Rules and Procedures

In a relay event, teammates may hold the feet of their team members while they are rowing and may touch the rowing machine only to facilitate transitions between athletes. No other contact with the machine or with the rowing athlete is permitted during their leg of the race.

Resistance settings may be adjusted prior to the start of the race but must remain unchanged during a competitor's leg of the race. In relay events, adjustments are permitted during the designated changeover between athletes. No other contact with the rowing machine is allowed during an individual's leg of the race.

Changeovers must take place at the designated 500-meter intervals displayed on the Concept2 monitor, and each competitor must complete their full 500 meters before the next teammate begins. If a competitor changes before reaching the 500-meter point or rows more than two (2) strokes past it, the team will receive a warning. A second warning in the same race may result in exclusion from the event.

For safety, adequate clearance must be maintained around each rowing machine at all times. Athletes both rowing not actively rowing must not interfere with adjacent crews. Any team found to be interfering with another crew shall be subject to penalties at the discretion of the Chief Referee, which may include a warning or disqualification from the event.

If a crew believes it has been impeded during a race, the team captain must signal the Chief Referee immediately upon completion of the 2000-meter race by raising their hand. The Chief Referee shall review the incident and determine any appropriate action.

ALTITUDE ADJUSTMENT

All 2,000-meter ergometer races conducted at the Denver Indoor Rowing Championships host site for the USRowing Indoor National Championships will receive an altitude adjustment.

Due to the venue's elevation of 5,400 feet, 10 seconds will be deducted from the final recorded time of all teams and individual competitors competing at this site. This adjustment is intended to account for the effects of altitude and to ensure fair competition across all official host sites.

REFEREES

Each official host site for the 2027 USRowing Indoor National Championships will have a designated on-site Chief Referee responsible for ensuring that the Rules of Rowing and race procedures outlined in this entry packet are adhered to.

In addition to the on-site Chief Referees, a Chief Referee will be virtually based, providing oversight and support across all host sites. The Chief Referee will be available in real-time to address any rulings, petitions, or race situations that arise during the event. The Chief Referee will coordinate with the on-site Chief Referees at each host site to maintain competition standard throughout all host sites.

LIGHTWEIGHT WEIGH-IN

Weigh-ins for lightweights will be conducted throughout the duration of the event. **Lightweights must weigh-in at least one (1) full hour before their first race.** Lightweight competitors are required to weigh in only once at the host site where they are participating.

Prior to weighing in, lightweights must know what race(s) they are registered for in order to match credentialing. Lightweights must bring a full written list of events they are registered in.

Competitors shall be weighed in racing uniform without shoes or other footgear. Each Rower shall have only one (1) initial opportunity to weigh in. A Rower within one (1.0) pound or less of the weight standard is allowed one (1) re-weigh within the same window as their initial opportunity. A Rower whose initial weight is greater than one (1.0) pound above the weight standard will be ineligible to compete in the event that day.

Competitors who fail to weigh in during the Weigh-in Window or the Adjusted Weigh-in Window shall be deemed ineligible to race that day. Only official schedule changes, which are posted by regatta officials, create an “Adjusted Weigh-in Window”.

A men’s lightweight Rower shall not weigh more than 165 lbs.
A women’s lightweight Rower shall not weigh more than 135 lbs.

RESULTS & MEDALS

RESULTS

Results will be available in real-time through the Time-Team regatta timing platform, providing participants and spectators with live updates throughout the competition. Separate leaderboards will track both local host site results and the overall National Leaderboard.

Due to time zone differences and varying event schedules at the host locations, the national leaderboard will be updated continuously over the course of the competition weekend. The final national standings, reflecting the overall winners, will be posted approximately one (1) hour after the conclusion of the last event, ensuring all results are declared official before the champions are declared.

MEDALS

Competitors from across the country will vie for the opportunity to attain the title of National Champion and secure a USRowing Indoor National Championship medal.

All results from each host site will be collected and displayed on the official USRowing National Leaderboard. Medals will be awarded to the top three athletes nationally in each individual event included on the national event list. These medals will be shipped to the winners following the conclusion of the 2027 USRowing Indoor National Championships.

All competitors must verify that their address is up to date on their USRowing MyRowing page to avoid any delays in receiving your earned medals.

USROWING U19 IDENTIFICATION CAMPS

USRowing will host U19 ID Camps at all USRowing Indoor National Championships host site locations. These camps are open to all U19 age eligible athletes and will consist of USRowing Indoor National Championships erg racing, educational sessions, national team technical instruction, and information about the USRowing U19 Pathways Program including 2027 Summer Camps.

WHAT TO EXPECT

USRowing Indoor National Championships Racing: Athletes must race in the USRowing Indoor National Championships in any event. *Athletes that choose to race a distance other than 2000m must provide a 2000m erg test score to the ID Camp coaching staff.*
Technical Presentation: Instruction on the USRowing technical model and how it connects to future Pathways camps.
Performance Education: Educational sessions on mental performance and training habits that support long-term development on and off the water.
Pathways Presentation: A USRowing Pathways overview explaining how ID Camps connect to Pathways Development Camp (PDC), Selection Development Camp (SDC), Selection Camp, and beyond.

WHY YOU SHOULD ATTEND

Early Acceptance to USRowing Summer Camps: Top performers at the USRowing Indoor National Championships ID Camps may receive early acceptance to the Pathways Development Camp (PDC) or the Selection Development Camp (SDC). This accelerated access gives athletes a head start on summer planning and a clearer pathway toward national-level opportunities.

HOW TO REGISTER

ID camp registration is separate from USRowing Indoor National Championships Registration and can be done on the USRowing Member Portal.
Cost:

- Registration Cost: $55
- Late Registration: $65

Registration Steps:

1. Log into your USRowing Member Portal.
2. Select “Camps” from the lefthand menu.
3. Click “Register” on your Indoor Nationals U19 ID Camp location.
4. Complete Payment Information.

Questions? camps@usrowing.org

EVENT CONTACTS

For more information regarding each host site, please see event contracts and RegattaCentral page information below.

Atlanta Erg Sprints

Georgia Tech Campus Recreation Center - Atlanta, GA
Click **HERE** for the Atlanta Erg Sprints RegattaCentral page.
Alec Kaye - atlantaergsprints@gmail.com

Denver Indoor Rowing Championships

Genesis Health Club Monaco - Denver, CO
Click **HERE** for the Denver Indoor Rowing Championships RegattaCentral page.
DawnMarie Schwappach - DenverIndoorRowing@gmail.com

NW Ergomania!

University YMCA Student Center - Tacoma, WA
Click **HERE** for the NW Ergomania! RegattaCentral page.
Dave Harvey - info@tacomarowing.org

Pittsburgh Indoor Rowing Championships

David L. Lawrence Convention Center - Pittsburgh, PA
Click **HERE** for the Pittsburgh Indoor Rowing Championships RegattaCentral page.
Matt Logue - mattlogue@threeriversrowing.org

South Side Smackdown / The Tiro Cup

Gage Fieldhouse - Chicago, IL
Click **HERE** for the South Side Smackdown / The Trio Cup RegattaCentral page.
Staci Brown - smackdown@chicagotrainingcenter.org

Tennessee Indoor Rowing Championships

University of Tennessee-Chattanooga's Maclellan Gymnasium – Chattanooga, TN
Click **HERE** for the Tennessee Indoor Rowing Championships RegattaCentral page.
Missy Elliott - rowtennessee@gmail.com

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USRowing - Competition Associate



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