



FINAL ENTRY PACKET

Welcome to the 2026 USRowing Northwest Masters

USRowing is proud to present the 2026 USRowing Northwest Masters Championships. This regatta will be held on Dexter Lake in Lowell, OR. Races will run on a fully buoied 1,000-meter racecourse with stakeboats.

Please read this packet completely as it includes information regarding entries, rules, events, and eligibility, and other information about the policies governing this regatta.

**Be well and row fast,
USRowing**



NOTE: Sections marked with an asterisk (*) have wording unique to the specific Masters Series event.

NOTE: This entry packet is posted for comment to all USRowing members from December 1-31st.
The final entry packet will be posted on February 1, 2026.

TABLE OF CONTENTS

To easily navigate the entry packet, click a section header or subsection to jump directly to that content.

IMPORTANT DATES & SCHEDULE INFORMATION

IMPORTANT DATES

***COACHES, COXSWAINS, & BLIND BOAT MEETING**

***SCHEDULE INFORMATION**

***ORDER OF EVENTS**

***INCLEMENT WEATHER INFORMATION**

HEAT SAFETY GUIDELINES

COMMUNICATION PLAN

SCHEDULE CHANGE PRIORITY SYSTEM

REGISTRATION INFORMATION

USRWING MEMBERSHIP

INTERNATIONAL COMPETITORS

VOLUNTEER POLICY

SAFESPORT

CREDENTIALS

***ENTRY INFORMATION**

ENTRY FEES

***ENTRY LIMITS**

***LATE ENTRIES**

***SCRATCHES**

***LINEUPS & LINEUP CHANGES**

***ON-SITE LINEUP CHANGES**

ENTRY FEE REIMBURSEMENTS

COMPETITION INFORMATION

***ELIGIBILITY**

DEFINITIONS

MASTERS AGE CATEGORIES

PARA & ADAPTIVE DEFINITIONS

CLASSIFICATION FOR PARA ATHLETES

PARA & INCLUSION EVENTS

LIGHTWEIGHT EVENTS

HANDICAPS

COMPOSITE ENTRIES

TABLE OF CONTENTS

To easily navigate the entry packet, click a section header or subsection to jump directly to that content.

RULES

- UNSPORTSMANLIKE CONDUCT
- BOW NUMBERS
- WEIGH-INS
- *PROGRESSION
- EQUIPMENT
- OUTSIDE ASSISTANCE & COMMUNICATIVE DEVICES
- MEDALS & TROPHIES

VENUE INFORMATION

- VENUE
- PARKING INFORMATION
- VENUE & TRAFFIC PATTERN MAPS
- TEAM TENT INFORMATION
- TRAILERS & BOAT STORAGE

PRACTICE & ADDITIONAL INFORMATION

- PRACTICE
- EVENT DRONE POLICY

ACCESSIBILITY, INCLUSION, & ACCOMMODATION

NORTHWEST MASTERS COUNCIL





5

IMPORTANT DATES & SCHEDULE INFORMATION

IMPORTANT DATES

APRIL 6, 2026	Phase 1 Registration opens on RegattaCentral: Initial registration opens.
JUNE 7, 2026	Phase 1 Registration closes on RegattaCentral: Deadline to input entries for the regatta.
JUNE 9, 2026	Official race schedule posted. The official schedule is based on entries received during Phase 1 of Registration. Entries that add an event or change the progression of a current event on the official race schedule will not be accepted after Phase I of Registration
JUNE 10, 2026	Phase 2 Registration opens on RegattaCentral: Open to input and adjust entries based on the official schedule for the regatta without paying late fees.
JUNE 22, 2026	Phase 2 Registration closes on RegattaCentral: Deadline to input and adjust entries based on the official schedule for the regatta without paying late fees. Last day to scratch entries and receive a full refund of the entry fee.
JUNE 22, 2026	Athletes and Coaches Pre-Regatta Meeting (virtual)
JUNE 22-23, 2026	Late entry period.
JUNE 23, 2026	Deadline for lineup changes to be entered into RegattaCentral.
JUNE 26, 2026	Racing begins.

*Please review the **Entry Information** section of this entry packet for additional information on the Registration Phases.

***COACHES, COXSWAINS, & BLIND BOAT MEETING**

The Athletes and Coaches Pre-Regatta Meeting will be scheduled for June 22, 2026 at 6:00pm PDT (9:00PM EST). This meeting will take place virtually, via zoom.

All competitors and coaches are responsible for all information given at this meeting. A recording will be posted to the website two days after the completion of the Athletes and Coaches Pre-Regatta meeting.

Click [HERE](#) to register for the Athletes and Coaches Pre-Regatta meeting.

***SCHEDULE INFORMATION**

The Northwest Masters Regional Championships will be a heats and finals progression.

The events are listed below. The final schedule will be determined once entries close.

Many events combine age categories. If there are enough entries in those events, they will be split if time allows. Example: The Men's A-B 4+ has 10 boats entered, four boats in the "A" age class and six boats in the "B" age class. The schedule will be altered to allow a Men's A 4+ and a Men's B 4+. In this situation, neither race would have handicap times applied.



***ORDER OF EVENTS**

NORTHWEST MASTERS CHAMPIONSHIPS - FRIDAY				
1	Mixed PR2 2X		22	Mens E 4+
2	Womens F 4X		23	Mixed AA-B 4X
3	Mens AA-B Nov 1x		24	Mens G-H LWT 1X
4	Mixed PR3 4+		25	Mens C+ NOV 1X
5	Mixed PR3 2x		26	Mens AA-A 2X
6	Mens E-F LWT 1X		27	Womens F+ 4+
7	Mixed F+ 4+		28	Mens C 2X
8	Mixed C 4X		29	Mens E 1X
9	Womens A+ LWT 2-		30	Mens A+ LWT 4X
10	Mens F 2X		31	Mixed B 4+
11	Mens AA+ LWT 2X		32	Mens D 4X
12	Womens C+ Novice 1X		33	Womens D 4+
13	Mens B 1X		34	Mens C-D 2-
14	MX D 4X		35	Womens B 1X
15	Womens B 2-		36	Womens C LWT 2X
16	Mens A+ NOV 4+		37	MX AA-A 8+
17	Womens C-D LWT 1X		38	Womens D+ LWT 8
18	Womens E 4X		39	Womens G 4X
19	Womens H+ 4x		40	Mens H+ 1X
20	Mens A+ LWT 2-		41	Mixed E 4+
21	Womens A+ NOV 4+			

NORTHWEST MASTERS CHAMPIONSHIPS - SATURDAY

42	Mens G+ 4X		75	Womens E LWT 2X
43	Mens I-K LWT 1X		76	Womens AA-A 4X
44	Womens AA-A 2X		77	Womens F 2-
45	Mens PR1 1X		78	Womens D+ LWT 4X
46	Womens PR1 1X		79	Mixed D 8+
47	Mens E 4X		80	Mixed C 8+
48	Womens E 2-		81	Womens F 1X
49	Mens C 4+		82	Womens G+ 1X
50	Womens C 4X		83	Mens D 2X
51	Womens AA-A NOV 1X		84	Mens H+ 2X
52	Womens B NOV 1X		85	Womens D 8+
53	Mixed F 2X		86	Mens AA-B 8+
54	Womens D LWT 2X		87	Womens F+ LWT 2x
55	Mens F 4X		88	Womens B 2X
56	Mens B 2X		89	Mixed C 4+
57	Womens AA-A 8+		90	Womens E 4+
58	Mens D 8+		91	Mens AA-B 2-
59	Womens D 2X		92	Womens C 1X
60	Womens AA+ LWT 4+		93	Mixed E 2X
61	Mixed AA 2X		94	Mens A 1X
62	Womens B 4+		95	Womens AA-A 2-
63	Mens G 1X		96	Mens D 4+
64	Mens E+ 2-		97	Womens D 4X
65	Womens AA-B LWT 1X		98	MX B 2X
66	Womens E 1X		99	MX AA-A 4+

67	Open AA-K Gender 2x		100	Womens C 8+
68	Mixed B 8+		101	Mens PR2 1X
69	Mens C 1X		102	Womens PR2 1X
70	Mixed G+ 2X		103	Womens E-G LWT 1X
71	Mens AA-A 4+		104	Mixed E+ 8+
72	Mens F 1X			
73	Womens C 2-			
74	Mens AA+LWT 4+			

NORTHWEST MASTERS CHAMPIONSHIPS - SUNDAY

105	Womens F+ 8+		126	Womens G+ 2X
106	Womens B 8+		127	Womens D 2-
107	Womens H+ LWT 1X		128	Mens B 4+
108	Mens G 2X		129	Mens F 4+
109	Womens F 2X		130	Womens F-G LWT 1X
110	Mens E 8+		131	Womens B 4X
111	Womens A-B LWT 2X		132	Mens E 2X
112	Womens E 2X		133	Womens E 8+
113	MX D 4+		134	Womens A-C LWT 8+
114	MX A 2X		135	Mens C 8+
115	Mens B-C 4X		136	Mens A+ LWT 8+
116	Womens C 4+		137	MX E 4X
117	MX G+ 4X		138	Womens AA-A 4+
118	MX D 2X		139	Womens C 2X
119	MX C 2X		140	Womens A-C LWT 4X
120	Mens F+ 8+		141	Womens D 1X
121	Womens A-AA 1X		142	Mens A-D LWT 1X
122	Mens AA 1X		143	Mens A-AA 4X
123	Womens A+ NOV 8+		144	Mens G+ 4+
124	Mens A+ NOV 8+		145	MX F 4X
125	Mens D 1X			

The schedule of races will be determined based on the number of entries at the close of registration.

***INCLEMENT WEATHER INFORMATION**

USRowing, Chief Referee, and the Local Organizing Committee will work together to monitor the weather continuously during the regatta.

Should it be determined that schedule changes are necessary due to weather concerns, the below weather plans will be utilized.

HEAT SAFETY GUIDELINES

USRowing is pleased to announce that we have developed **Heat Safety Guidelines** to help identify and mitigate heat illness risk in our sport. The guidelines were developed from the World Rowing Heat Safety Guidelines, the recommendations of the Stringer Institute, and with the USRowing Medical and Safety Committees. All USRowing Owned regattas will follow these guidelines.

Click [HERE](#) for the USRowing Heat Safety Guidelines that will govern this event.

COMMUNICATION PLAN

Weather-related schedule changes will be announced utilizing the following mediums:

- Announcement will be made on the public address system at the venue.
- Online via RegattaCentral.
- Via text message. More information on this will be provided in April 2026.

Crews are responsible for staying updated on all announced schedule changes.

SCHEDULE CHANGE PRIORITY SYSTEM

Schedule changes will be made using the following priority system:

1. Delay racing either later the same day or to the next day, if time is available.
 - a. Begin racing earlier than previously announced. Announcement will be made no later than 9:00 p.m. the evening before in the case of morning racing.
2. Shorten the course to 500m until the weather improves.
3. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed.
4. Cancel select races.
5. Cancel a full day of the regatta.
6. Cancel the regatta.

Under no circumstances will races be rescheduled for a date later than June 28, 2026.



13

REGISTRATION INFORMATION

USROWING MEMBERSHIP

All U.S. based organizations must hold active organizational membership in good standing. For more information on Organizational requirements, visit our website [HERE](#). Organizations can review their team accounts [HERE](#) using their RegattaCentral username and password.

For individuals to be compliant and eligible to compete in USRowing owned events, all the following criteria must be met:

- An active USRowing Championship Membership
- Current signed USRowing Membership Agreement and Waiver
- Completed SafeSport Self-Attestation (if 18 or older)
- Current with SafeSport training if considered a Relevant Adult Participant

Competitors can renew an expired membership or check their current membership status by logging in to their member profile [HERE](#). For more information on the compliance requirements, visit our website [HERE](#).

To avoid delays at registration, teams should make sure all competitors have met these membership requirements prior to arriving at the event.

Checking Your Roster: A current listing of your athletes, their member numbers, expiration dates, and SafeSport Training status can be found on the online team roster through the USRowing Membership Portal [HERE](#).

United We Row Support: If you have athletes who are in need of financial assistance for the membership requirement, please apply for a Bridge Membership or United We Row scholarship [HERE](#).

COACHES & SUPPORT STAFF

All coaches and support staff attending the regatta must be registered for the regatta and meet their role-based compliance requirements below to ensure the safety of all participants. To register attending coaches and support staff, log into RegattaCentral [HERE](#), select the USRowing Championship Regatta, and click Coaches & Support Staff from the sidebar menu. When prompted, select your team and search for the respective coaches and support staff to register from your roster.

All coaches and support staff must have the following in order to receive event credentials:

COACHES

- An active USRowing Membership (Basic or higher tier)
- Current signed USRowing membership agreement and waiver.
- Completed SafeSport self-attestation.
- Current with SafeSport Training.
- Cleared and current USOPC approved background check through NCSI.
- Level 1 coaching certification at the minimum.
- Completed boater safety self-attestation and documentation if required.
- Current CPR and first aid training.

SUPPORT STAFF

- An active USRowing Membership (Supporter or higher tier)
- Current signed USRowing membership agreement and waiver
- Completed SafeSport Self-Attestation
- Current with SafeSport training if required to complete training

In compliance with USRowing regulations, organizations participating in USRowing owned and/or sanctioned events may undergo random selection for audit. This audit will focus on ensuring that all applicable adults* associated with the organization have completed necessary SafeSport training and have current verified background checks as required by USRowing policies.

INTERNATIONAL COMPETITORS

International competitors must join USRowing as Basic - International members at no cost.

International crews will be allowed to progress through an event based on their finish.

If a crew entered by an international club or rowing federation, or an international unaffiliated single sculler, places first, second, or third in an event, it shall receive special gold, silver, or bronze medals memorializing the accomplishment, but the national championship medals and the designations and entitlements of national champion, shall be given only to domestic crews according to order of placement.

International crews are ineligible to receive team point trophies.

VOLUNTEER POLICY

USRowing implements a volunteer policy at all USRowing-owned events. For every USRowing-owned championship regatta, every registered team will be required to provide at least one (1) volunteer to work one (1) 4–6-hour shift during the regatta.

NEW for 2026: Teams that have not registered for their required volunteer shift by the final day of the entry deadline may be prevented from competing at a USRowing-owned regatta until a volunteer shift is signed up for.

Please click [**HERE**](#) for the full USRowing Volunteer Policy.



SAFESPORT

The physical and psychological well-being of all Participants is a priority for USRowing, and education is critical to prevent the harm that misconduct causes our members. In partnership with the U.S. Center for SafeSport, USRowing provides training on how to identify and prevent the various forms of misconduct, all Relevant Adult Participants are required to take the SafeSport training on an annual basis. If a Relevant Adult Participant's SafeSport training is not completed prior to attending a regatta, the Participant will not be allowed to participate.

As a member organization of the U.S. Olympic & Paralympic Committee (USOPC), USRowing and USRowing Member Organization's members, employees, contractors, volunteers, officials, board members, committee members and other designees (collectively "Participants") are required to comply with the U.S. Center for SafeSport Code of the U.S. Olympic and Paralympic Movement.

As a registered Participant in a USRowing event, you are required to adhere to [USRowing's Abuse Prevention and Response Policy](#). Additionally, reporting misconduct is vital to protecting athletes and preventing further incidents. Sexual Misconduct must be reported to the U.S. Center for SafeSport at U.S. Center for SafeSport at <https://uscenterforsafesport.org/report-a-concern/>. To report other forms of misconduct, including violations of the Athlete Abuse Prevention Policies, refer to the reporting protocols, including how to report a violation.

IMPORTANT: All Relevant Adult Participants (defined here) must complete SafeSport training and be in good standing by the lineup entry deadline. If this is not the case, the Relevant Adult Participant will not be eligible to participate and will not be allowed to be on site.

Click [HERE](#) for the Athlete Safety Procedures for USRowing Event Organizers.

Click [HERE](#) for information regarding USRowing's Abuse Prevention and Response Programs.

CREDENTIALS

A coach or team representative may pick up the credentials for their team onsite at registration. Regatta registration fees must be paid in full prior to credential distribution. Credentials will be withheld for any noncompliant athletes, coaches, or support staff and can be picked up at registration once compliance is met.

Athletes, Coaches, and Support Staff will be required to show credentials in order to pass through Control Commission and launch for racing sessions. Crews may not be able to launch without showing proper credentials. Credentials can be worn on either wrists or ankles.

***ENTRY INFORMATION**

USRowing will continue using the registration phases structure implemented in 2024, with adjustments for the 2026 "Phase I Entry Deadline" and "Phase II Entry Deadline".

PHASE I ENTRY PERIOD: This will take place from April 6 – June 7, 2026. Athletes and coaches should register their boats as normal. After the Phase I Entry Deadline closes on June 7, 2026, USRowing will work to publish a tentative schedule on June 9, 2026. Please note, the official schedule is based on entries received during this period. After Phase I of Standard Registration closes, entries that add an event or change the progression of a current event on the official race schedule will not be accepted.

PHASE II ENTRY PERIOD: This will take place from June 10-14, 2026. Athletes and coaches are expected to review the official schedule and make any adjustments (add events, change events, scratch events, etc.) that are needed to accommodate the schedule. During this phase, participants will have the opportunity to submit entries that do not exceed the caps placed on events at the close of Phase I of Standard Registration. Entries that add an event or change the progression of a current event on the official race schedule will not be accepted during this phase. After the Phase II Standard Registration Entry Deadline, entry fees will not be reimbursed.

Entries in each event will be accepted on a first-come, first-served basis. No paper entries will be accepted for this event. All entries must be made online at [RegattaCentral](#).

ENTRY FEES

All entry fees must be paid in full by the start of practice or prior to the first race starting, whichever comes first for this regatta. Crews representing an organization with an outstanding balance will not be allowed to compete until the balance is paid in full.

Boat Class	Phase I/Phase II Standard Entry Fee	Late Entry Fee
1x	\$119.00	\$169.00
2x/2-	\$169.00	\$209.00
4x/4-/4+	\$299.00	\$359.00
8+	\$359.00	\$399.00

***ENTRY LIMITS**

Clubs will only be allowed to enter three boats per event. If after registration has closed there are additional open lanes in the set schedule, clubs may enter additional boats into those events.

Athletes will initially be limited to enter in eight events. Once registration has closed and the schedule has been set, and if there are empty lanes in an event, an athlete may then enter additional races. These will be considered as late entries and will be charged as such.

Coxswains are exempt from the eight-event limit.

***LATE ENTRIES**

Entries may be accepted in events where additional entries do not change the progression, or exceed any listed entry maximums. These entries are subject to the higher entry fees listed above.

Crew members for late entries must meet all membership and eligibility requirements, and payment must be made in full before a late entry may be placed into an event.

Late entries will open on June 23 and will close on June 24, 2026.

***SCRATCHES**

Entries may be scratched without penalty until the end of the Phase II registration period on June 22, 2026.

Beginning June 23, 2026, no refunds will be given for entries that are scratched.

E-mail notification will be accepted until the close of online registration on June 24, 2025. After this time, scratches must be made in person at the regatta site in order to avoid the additional "No Show Fee".

An additional \$50 scratch fee will apply to all scratches made in persona at the regatta site.

Any crew failing to submit a completed "Scratch Form" to the USRowing desk before the cut off, will also be subject to a \$100 "No Show Fee" along with any other applicable fees.

All fees are due at the time of the scratch. Crews from an organization with outstanding "Scratch" or "No Show" fees may be prevented from competing until outstanding fees are paid in full.

***LINEUPS & LINEUP CHANGES**

All entries must include the line-up of athletes to compete as part of that entry. All entry line-ups must be finalized by June 24, 2026, in order to ensure athlete credentials are available.

Any entry without line-ups after this time will be treated as a late entry. Line-ups with placeholder names such as "A. Rower" will be considered incomplete and will also be considered late entries. This means they are subject to "Late Entry" fees, and the entry restrictions associated with late entries. Along with the late entry fees, these crews may face an additional charge for printing corrected credentials on-site.

Any lineup changes needed after June 24, 2026 must be completed at the USRowing registration desk one hour before the first race in the event. Email lineup changes will not be accepted.

***ON-SITE LINEUP CHANGES**

Any lineup change required at the USRowing registration desk will be subject to a \$5 administrative fee for processing the request. Payment is due before a lineup change can be officially made.

ENTRY FEE REIMBURSEMENTS

After the Phase II entry period closes, no refunds will be given in any circumstances.





20

COMPETITION INFORMATION

***ELIGIBILITY**

The USRowing Northwest Masters Regional Championships are open to Masters competitors.

DEFINITIONS

MASTER: A master is a competitor who has attained or will attain the age of 21 during the current calendar year. A competitor's age is determined as of December 31 of the current calendar year ("rowing age").

- A Masters crew may compete in a lower (younger) age category but not in a higher category.

NOVICE: All rowers in the boat must be new to rowing as of June 27, 2024. These boats do not require the coxswains to be novices. Athletes are not allowed to have participated in any kind of USRowing sanctioned regattas before June 27, 2024.

LIGHTWEIGHT: Women will weigh in at no more than 130lbs with no averaging. Men will weigh in at no more than 160lbs with no averaging.

WOMEN'S EVENTS: Events exclusively for athletes who identify as a woman at the start of the rowing season and/or those who are assigned as female at birth.

MEN'S EVENTS: Events exclusively for athletes who identify as a man at the start of the rowing season and/or those who are assigned as male at birth.

OPEN GENDER EVENTS: These events are for athletes of any gender.

- The intention behind this event is to create space for non-binary and gender diverse athletes to compete if they wish to do so outside of the binary events, but all are welcome to compete here.

MIXED: Boat entries in this category must consist of 50% athletes of any gender and 50% athletes assigned as female at birth.



MASTERS AGE CATEGORIES:

Category	Ages
AA	21-26
A	27-35
B	36-42
C	43-49
D	50-54
E	55-59
F	60-64
G	65-69
H	70-74
I	75-79
J	80-84
K	85+

The age category of a masters crew shall be determined by the average age of the rowers in the crew, rounded down to the nearest whole number. The age of the coxswain shall not be counted.

PARA & ADAPTIVE DEFINITIONS

INCLUSION: A crew entered in the “Inclusion” event must be comprised of an equal mixture of Para/Adaptive and non-Para/Adaptive Rowers.

PR1: A Competitor who has a US or International PR1 sport classification.
[\(USRowing Para Classification Information\)](#)

PR2: A Competitor who has a US or International PR2 sport classification.
[\(USRowing Para Classification Information\)](#)

PR3 VI OR PR3 PI (VISUAL IMPAIRMENT OR PHYSICAL IMPAIRMENT): A Competitor who has a US or International PR3 sport classification. [\(USRowing Para Classification Information\)](#)

CLASSIFICATION FOR PARA ATHLETES

All rowers racing in USRowing-owned Para events shall be classified. New Para rowers who have not yet been classified must have the required FISA Medical documentation submitted at least 45 days prior to the event.

Click here for the [**USRowing Para Classification Information**](#) and here for the [**USRowing Athlete Classification Request**](#) Additional questions can be answered by contacting: Classification@usrowing.org

There will be no protests over any classified rower's sport class designation during a U.S. regatta.

Rowers may compete in a more functional sport class than their assigned sport class but not in a less functional sport class. For example, a Rower classified as PR2 may compete in PR3 Events, but may not compete in PR1 Events.

PARA & INCLUSION EVENTS

The Inclusion category is open to crews composed of an equal mixture of classified Para Rowers and Non-Para Rowers.

In Inclusive events, the sport class requirement pertains only to the Para/Adaptive Rower.

At all times when on the water during practice, warm up, cool down, and competition from the opening day of the course until completion of the final Race of their competition, all Rowers who row in Para events must row with the prescribed equipment, which must be used according to the boat and sport class. Equipment in this context refers to hull type, strapping and pontoons. Only PR1 and PR2 have such requirements. There are no equipment restrictions or requirements for PR3.

The Inclusive events are listed as a combined event. Crews consisting of men, women, or mixed lineups may enter. Races may be separated by category if the number of entries necessitates separation.

The P1/PR2 Men's/Women's 1x events are listed as a combined event. Men's and women's crews classified as PR1 or PR2 are eligible to enter. Races may be separated by category if the number of entries necessitates separation.

LIGHTWEIGHT EVENTS

Women will weigh in at no more than 130lbs with no averaging. Men will weigh in at no more than 160lbs with no averaging. Please note that lightweight events may be combined with open-weight events if there are less than three entries for either classification.

HANDICAPS

Every attempt will be made to provide crews with racing opportunities against others in the same age category.

In events with crews from multiple age categories, the handicaps in the USRowing Rules of Rowing will be used.

The finish time for each crew shall be calculated by subtracting the handicap from the unadjusted actual time for each crew.

“Older” crews racing in events where the average crew age is older than the highest boundary for the event will receive the highest handicap for the highest age listed for the event. Example: If an “F” crew enters the D-E 8+, that crew will receive the highest handicap available for an “E” crew.

Handicaps will only be applied to events with multiple age categories that are indicated with a dash (-) or plus sign (+). For example, races labeled in the following format will have a handicap applied – Men’s Masters B-D 8+ or “Women’s Masters C+ 2x.

COMPOSITE ENTRIES

Composite entries are allowed to compete at this event.

Composite entries must include the affiliation of each member of the crew.

Crews may row under their club name with a coxswain from a different club (the boat will not be considered composite). Crews must provide the accurate name of that coxswain.

Composite crews will receive an exception from being required to wear matching uniforms.





25 RULES

USRowing's **2026 Rules of Rowing** will govern this event.

USRowing licensed referees will officiate the event to ensure fairness and safety. The following rules will be waived for this event:

- Rule 3-104 Minimum Weight of Boats
- Rule 3-202 Oars, uniform throughout the crew

UNSPORTSMANLIKE CONDUCT

Unsportsmanlike conduct includes, but is not limited to, failure to heed the instructions of race officials, use of obscene language or gestures, delaying a race without just cause, intentional or flagrant disregard of principles of safety and fairness, or abusive behavior toward any official, team member, or spectator.

A crew that engages in unsportsmanlike conduct may be assessed a penalty by a race official.

Any team member, including a competitor, who engages in unsportsmanlike conduct, on or off of the water, at any time during the regatta, may have his or her further participation at the regatta curtailed or prohibited by a race official.

A crew may be subject to an "unsportsmanlike conduct" penalty if a person affiliated with their organization, including spectators and parents, engages in the use of an unapproved drone at the regatta venue. An "unsportsmanlike conduct" penalty issued for the use of a drone will carry a presumed penalty of "Disqualification".

If you or one of your athletes witnesses unsportsmanlike conduct of any kind, please refer to the USRowing **Code of Conduct** on how to escalate the matter.

BOW NUMBERS

Bow numbers will be distributed at the launch and recovery docks. All competitors must return their bow number immediately after coming off the water.

WEIGH-INS

LIGHTWEIGHTS

- Weigh-ins for lightweights will be conducted each morning of the regatta. The official weigh in window will be posted once entries close. Lightweights need only weigh in once for the duration of the regatta.
- Prior to weighing in, lightweights must know what race(s) they are registered for in order to match credentialing. Lightweights must bring a full written list of events they are registered in.
- Competitors shall be weighed in racing uniform without shoes or other footgear.
- Each Rower shall have only one (1) initial opportunity to weigh in. A Rower within one (1.0) pound or less of the weight standard is allowed one (1) re-weigh within the same window as their initial opportunity. A Rower whose initial weight is greater than one (1.0) pound above the weight standard will be ineligible to compete in the event that day.
- Competitors who fail to weigh in during the Weigh-in Window or the Adjusted Weigh-in Window shall be deemed ineligible to race that day.
- Normally occurring regatta delays do not create an "Adjusted Weigh-in Window." Only official schedule changes, which are posted by regatta officials.
- Lightweight Men: Max 160 lbs. (no average)
- Lightweight Women: Max 130 lbs. (no average)

COXSWAINS

- Weigh-ins for coxswains will be conducted each morning of the regatta. The official weigh in window will be posted once entries close. Coxswains need only weigh in once for the duration of the regatta.
- Prior to weighing in, coxswains must know what race(s) they are registered for in order to match credentialing. Coxswains must bring a full written list of events that are registered in.
- Coxswains should bring their own weight. Sand will NOT be available. Weighted vests cannot be worn as deadweight.
- Coxswains shall be weighed in racing uniform, without shoes or other footgear. Credentials must be presented prior to the weigh-in procedure.
- If a coxswain is subsequently added to an event, they are responsible for notifying the weigh-in officials, so their records can be updated.
- The weigh-in must be observed and conducted by a referee in order for it to be official, and the referee will issue the appropriate wristband indicating that a competitor has completed an official weigh-in.
- Coxswains failing to meet the minimum weight standards listed below shall carry deadweight in order to achieve the minimum weight in accordance with the 2026 USRowing Rules of Rowing.
- Coxswain for Men's and Mixed Events: Minimum 120 lbs.
- Coxswain for Women's Events: Minimum 110 lbs.

WEIGH-IN WINDOWS

Official weigh-in windows for the 2026 USRowing Northwest Masters Regional Championships will take place at the following times:

Friday: 6:30 AM - 10:00 AM
Saturday: 6:00 AM - 9:00 AM
Sunday: 6:00 AM - 9:00 AM

*PROGRESSION

Modified USRowing Progression "B" for six-lane racing			
Entries	Heats	Advancing in each Heat	Final
1-6	0	-	Final Only
7	2	Top 3	6-boat final
8-12	2	3	Final
13-18	3	2	Final
19-24	4	1 + Next 2 fastest times	Final

EQUIPMENT

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment, with the exception of the waived rule listed above. Each organization is responsible for ensuring that their equipment meets these standards.

Any equipment not meeting these standards, or judged to be unsafe by a USRowing official, will not be allowed onto the water.

OUTSIDE ASSISTANCE & COMMUNICATIVE DEVICES

The 2026 USRowing Northwest Masters Regional Championships follows rule "2-409 Outside Assistance" from the Rules of Rowing. Crews are prohibited from communicating with a coach using an aided voice, once they leave the launch docks.

MEDALS & TROPHIES

At the 2026 Northwest Masters Championships medals will be awarded as follows –

Handicapped Races

In races where handicaps are applied, medals – gold, silver, and bronze – will be awarded to the top three fastest times – first, second, and third – after the handicap adjustment. For example, in races labeled Men's Masters C-G 1x or Men's Masters D+ 2x, the handicap will be applied, and medals will be awarded to the top three finishers in each age category competing in the race.

Please refer to the Handicaps section of this entry packet for further details on how handicaps are applied.

Combined Races

In combined races, where competitors from different age categories race simultaneously but are medaled based on their individual age categories, medals – gold, silver, and bronze – will be awarded to the top three finishers in each age group, regardless of the number of entries. If only one entrant competes in a given age category, that individual will automatically receive a gold medal upon completion of the race. For example, in races with the following format Women's Masters A 4x, Women's Masters D 4x, and Women's Masters F 4x, gold, silver, and bronze medals shall be awarded for each individual age category based on their respective fastest times in each individual age category.

At Masters Regionals, races may be combined if an event has five or fewer entries, and the boat class and gender are the same, provided there are enough available lanes to accommodate the combination of races.

Racing In a Younger Age Category

In races where boats are competing in a younger age category, no handicap will be applied. Medals (gold, silver, and bronze) will be awarded based on the fastest times for the race as a whole, without handicapping. For instance, if a Men's Masters B 2x boat competes in a race labeled Men's Masters A 2x , the Men's Masters B boat will race without a handicap adjustment. The medals will be awarded based on the fastest times in the race, with one gold, one silver, and one bronze for the top three finishers.

Racing in a higher age category is prohibited.

In a race where it is labeled for multiple age categories, for example 'Women's Open G-K 4+,' medals will be given to the first, second, and third place for each individual age category (G, H, I, J, and K, in this example).





31

VENUE INFORMATION

VENUE

**Dexter Lake
Lowell, Oregon**

COURSE:

The course is a 1,000 meter, 6-lane, buoyed course with stakeboats. Crews must be able to back into a stakeboat and maintain a safe point.

PARKING INFORMATION

Lowell State Park offers limited on-site parking. No spectator parking will be allowed on-site, unless you display a valid handicap placard. Restricted participant parking is available. Please become familiar with the parking policies before arriving. Two team vehicles per club will be allowed to park at Lowell, with unlimited entry and exit privileges during the regatta. You will be given two parking permits upon your first entry into Lowell with your trailer.

Off-site Parking

The Oregon Association of Rowers has arranged for off-site parking at no charge at Lowell High School (a mile away), and at Dexter State Park (three miles away, across Dexter Lake from the venue). A shuttle bus will run continuously from Dexter State Park, to the Lowell High School, to Lowell State Park, and return. Organizers encourage those who wish to walk to Lowell State Park from the high school to use the walking trail that starts at the west end of the cemetery.

Organizers strongly discourage parking on the road outside of Lowell State Park. It is a two lane road with a 55 mile an hour speed limit. Not only is it dangerous to park on, the walk from your car to the venue is also dangerous due to a narrow shoulder width.

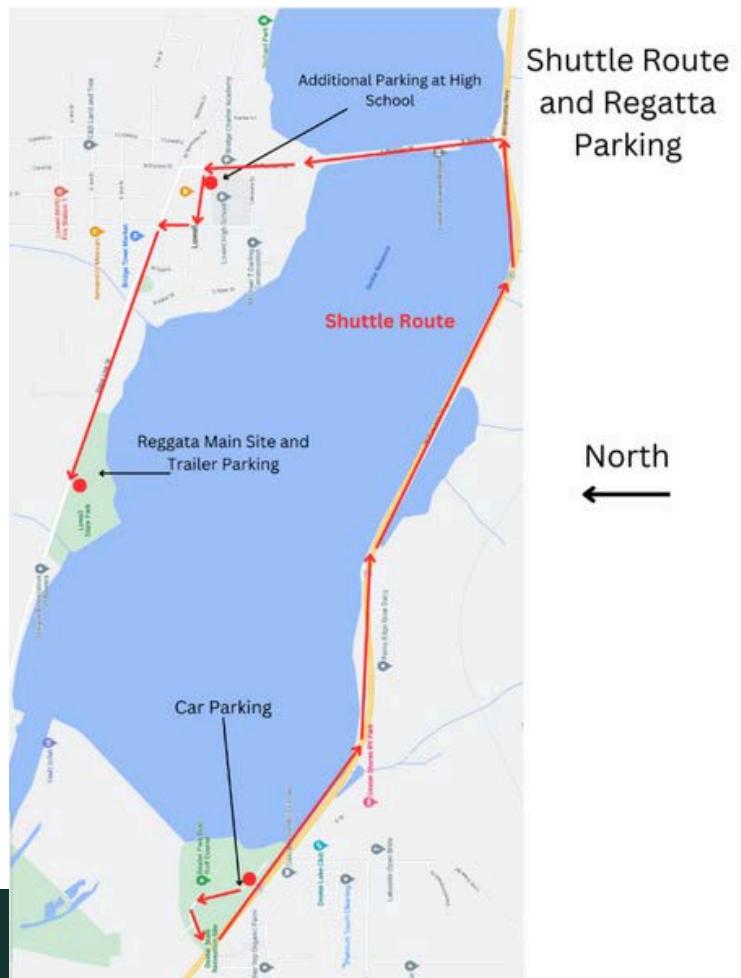
Rowers Schedule

Limited on-site parking is available for rowers and their support staff. Each team will receive two parking permits. Very limited short-term parking will be available for loading and unloading gear, supplies, and rowers. Don't plan on using the short-term parking for more than 15 minutes.

Spectators

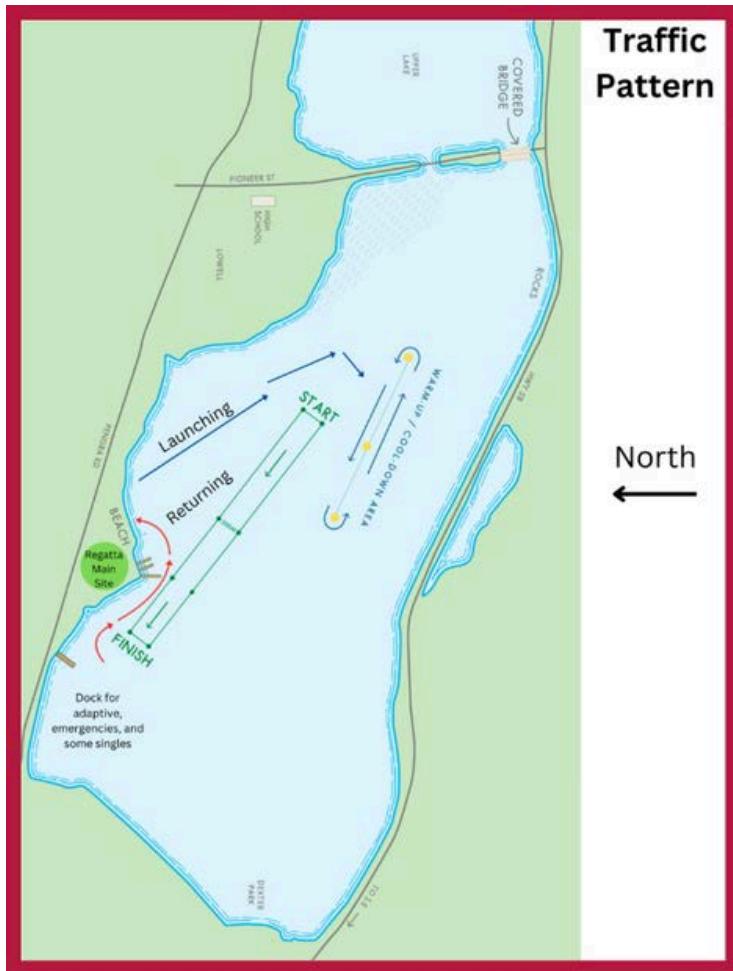
No on-site parking will be available for spectators. Please use one of the off-site parking areas described above. Please do not park on the road outside of Lowell State Park. A shuttle bus will run continuously between the parks for the duration of the regatta.

PARKING MAP



VENUE & TRAFFIC PATTERN MAP

RACE DAY TRAFFIC PATTERN MAP



TEAM TENT INFORMATION

Team tents are permitted in the trailer area, subject to space availability.

TRAILERS & BOAT STORAGE

All trailers will park at Lowell State Park. Twenty-four hour security will be provided at Lowell State Park. Signage and personnel will direct you on site.

Rowers with cartopped singles will be allowed to park at Lowell State Park for the duration of the regatta. You will be directed to park near the OAR boathouse.





35

PRACTICE & ADDITIONAL INFORMATION

PRACTICE

Practice info TBD

EVENT DRONE POLICY

In accordance with USRowing's drone policy, anyone interested in utilizing a flying drone at the regatta venue must receive approval from USRowing and the Local Organizing Committee.

To request approval, contact **competition@usrowing.org** for more information.

Unapproved drones are not permitted anywhere on the regatta venue. Use of unapproved drones may result in penalties to the associated crew, such as exclusion, and the operator may be subject to removal from the venue.





37

ACCESSIBILITY, INCLUSION, & ACCOMMODATION

USRowing is committed to accessible and inclusive events for all. All spectator, competition, awards, and parking areas are accessible. **If you or someone in your organization needs an additional accommodation for a disability, please fill out this link [HERE](#) as soon as possible.**





39

**NORTHWEST MASTERS
COUNCIL**

- Ethan Currie - Sammamish Rowing Association
- Jeny Potter - Pocock Rowing Club
- Jenny Withycombe - Willamette Rowing Club



