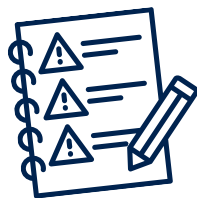


HANDLING EMERGENCIES

**HAVE A PLAN, STAY CALM, & ATTEND TO THE INJURED FIRST.
BE SURE THE LAUNCH IS ADEQUATELY STOCKED.**

RESPONSE PLAN

Have a plan for common emergencies (swamping, grounding, injuries).
Communicate the plan and practice it.



COLLISIONS & CAPSIZING

Know the proper procedure for contacting help, stay with the boat when possible, coaches should rescue anyone injured first.

RESCUE

If someone falls overboard or you need to rescue someone in the water, stop, approach them from below the prevailing conditions, assess them for injuries, and carefully recover them.



INJURIES

Always have well-stocked first aid kits nearby, on launch and in boathouse. Mark their location. If serious, call for help.

ROW SAFE

