

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

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SECTION 1: OVERVIEW

These procedures outline the pathway for selection to the 2026 Youth Olympic Games (Games) for USRowing (NGB). Final Team size is dependent upon earned World Rowing quota, which has been received and is two athletes (one male, one female). World Rowing quotas are awarded by quota places to the National Olympic Committee (NOC).

SECTION 2: ATHLETE REQUIREMENTS

1. Nationality/Passports Requirements:
 - Have a valid United States passport at the time of nomination that does not expire for six months after the conclusion of the Games.
2. Minimum International Olympic Committee (IOC) Requirements:
 - Abide by the rules in the Olympic Charter, including nationality/citizenship requirements.
 - For additional information regarding an athlete who is a national of two or more countries, has changed his or her nationality or acquired a new nationality, refer to the [Olympic Charter](#) (Rule 41).
 - Abide by the IOC Eligibility of Conditions Form/Conditions of Participation Form.
3. Organizing Committee Olympic Games (OCOG) Requirements:
 - Comply with all rules and policies implemented by the OCOG for Dakar 2026.
4. World Rowing (IF) Requirements:
 - Comply with all IF eligibility requirements which will be posted here once available: <https://www.olympics.com/ioc/documents/olympic-games/youth-olympic-games>
 - Athletes must be born on or after 14 November 2008.
 - Comply with all USOPC rules applicable to the Games (e.g., Demonstrations).
 - Complete all USOPC Games Registration requirements by the stated deadline.
 - Comply with the USOPC Delegation Terms, including the Conduct Requirements, which will be made available here: <https://www.usopc.org/games-and-qualification>
 - Comply with the [USOPC Athlete Safety Policy](#) and the [U.S. Center for SafeSport Code](#) including education and training requirements.
 - Comply with the current [USOPC Background Check Policy](#).
5. NGB Requirements:
 - Comply with the NGB [Athlete Agreement](#).
 - Comply with the NGB [Code of Conduct](#)
 - Comply with the NGB [SafeSport Policy](#)

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

- Athlete must have an active NGB membership.
- Athlete does not have an active suspension from the U.S. Center for SafeSport that would make the Athlete ineligible to participate in the Games.
- Athlete does not have an active sanction for an anti-doping rule/policy violation that would make the Athlete ineligible to participate in the Games.

SECTION 3: OTHER MINIMUM REQUIREMENTS TO BE ELIGIBLE FOR THE TEAM

- Agree to be bound by and adhere to all IOC, IF, USADA, WADA and USOPC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing and an agreement to be bound to the results management authority of the IOC, IF, USADA, WADA, or other Anti-Doping Organization as applicable.
- Meet all health and safety protocols, to include vaccine requirements and/or testing requirements set forth by the government, local laws, USOPC, IF and/or the OCOG.

SECTION 4: EVALUATIVE EVENTS

Event names, dates and locations of all trials, competitions, and camps to be used as part of the nomination process:

DATE(S)	DESCRIPTION/EVENT NAME
August 7-9, 2026	USRowing Beach Sprint Trials in New Bedford, MA

SECTION 5: NOMINATION PROCESS

Provide a step-by-step description of the selection process including an overview of the IF Qualification System.

5.1 TOTAL QUOTA PLACES:

Final Team size is dependent on earned World Rowing quota, which has been received, it will be two athletes (one male, one female). World Rowing quotas are awarded by quota places to the National Olympic Committee (NOC).

5.2 EVALUATION EVENT QUALIFICATION PATHWAY:

USRowing Beach Sprint Trials is open to any eligible athlete. Registration and athlete eligibility information will be posted [here](#) by June 15, 2026.

5.3 NOMINATION TO THE TEAM:

Athletes must compete at the USRowing Beach Sprint Trials in the U19 category to be nominated to the Team in the CJM1x and CJW1x events. The one (1) eligible athlete from each gender, earning the highest ranking will be nominated to the Team. Ranking will be determined by finish

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

order. If an athlete doesn't qualify for the semifinals at Trials, the time from the previous round of racing will be used to determine the athlete's ranking.

Racing format will follow the standard progression as described in the [Beach Sprint Trials Rules](#).

In the event of a conflict between this overview and the IF Qualification System, the IF Qualification System will take precedent.

For more details, please refer to the IF Qualification System which will be posted here once available:
<https://www.olympics.com/ioc/documents/olympic-games/youth-olympic-games>

SECTION 6: DISCRETIONARY CRITERIA TO NOMINATE ATHLETES

6.1 RATIONALE FOR UTILIZING DISCRETIONARY SELECTION: Not Applicable

6.2 DEFINE THE DISCRETIONARY CRITERIA TO BE USED: Not Applicable

6.3 SELECTION COMMITTEE Not Applicable

SECTION 7: MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule, and duration of all mandatory training and/or competition for athletes who are nominated to the Team.

The NGB does not anticipate hosting mandatory training prior to this event for the two (2) athletes who are nominated to the Team.

SECTION 8: DATE OF TEAM NOMINATION

Nomination of athletes, including any replacements/alternates will be announced to all athletes and submitted to the USOPC on or before August 15, 2026.

SECTION 9: REMOVAL OF ATHLETES FROM THE TEAM

9.1 NGB JURISDICTION

NGB has jurisdiction over athlete nominees until athlete entries have been submitted by the USOPC to the OCOG.

- a. An athlete who is nominated to the Team may be removed for any of the following reasons, as determined by NGB:
 - i. Voluntary withdrawal. Athlete submits a written letter to the NGB Chief High Performance Officer requesting to voluntarily withdraw from the Team.
 - ii. Injury or illness. A physician (or medical staff) approved by NGB provides certification that the Athlete has a debilitating condition. If an Athlete refuses to provide verification of their illness

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

or injury by a physician (or medical staff), their injury will be assumed to be debilitating, and they may be removed from the Team.

- iii. Failure to participate. Athlete does not participate in all Mandatory Training and/or Competition as defined in these procedures.
 - iv. Code of Conduct Violation. Athlete violates the NGB [Code of Conduct](#)
 - v. Athlete Agreement. Athlete violates a term in their signed NGB Athlete Agreement.
 - vi. Non-compliance. Athlete does not meet the athlete eligibility requirements listed in Section 2 and Section 3 of these selection procedures.
- b. An Athlete may be removed as a nominee to the Team or from the Team if found to have violated IOC, IF, USADA, WADA, and/or USOPC anti-doping protocol, policies and procedures, the U.S. Center for SafeSport Code, the USOPC Athlete Safety Policy and the NGB SafeSport Policy, as applicable.

9.2 USOPC JURISDICTION

- a. Once Athlete entries have been submitted by the USOPC to the OCOG, the USOPC has jurisdiction over the Team.
- b. USOPC's Delegation Conduct Requirements apply in addition to the NGB Code of Conduct. The Delegation Conduct Requirements in the USOPC Games Delegation Terms are specific to each Games and are made available during the Games registration process.
- c. The USOPC's Grievance Procedures and Hearing Process are found within the USOPC Dispute Resolution Policy and Hearing Procedures.
 - i. See www.usopc.org/governance/dispute-resolution for more information.

SECTION 10: SELECTION PROCESS IF ATHLETE VACANCY OCCURS PRIOR TO SUBMISSION OF ENTRIES BY NAME TO THE ORGANIZING COMMITTEE OF THE OLYMPIC GAMES

- 10.1 Should a vacancy occur prior to submission of Entries by Name to the OCOG, the next highest ranked eligible athlete from the USRowing Beach Sprint Trials will be nominated as the replacement athlete ([Section 5.3](#)).

- 10.2 All replacement athletes must meet all requirements listed in Sections 2-3.

SECTION 11: SELECTION PROCESS IF ATHLETE VACANCY OCCURS AFTER SUBMISSION OF ENTRIES BY NAME TO THE ORGANIZING COMMITTEE OF THE OLYMPIC GAMES

- 11.1 Should a vacancy occur after submission of Entries by Name to the OCOG, if allowed, the NGB will nominate the next highest ranked eligible athlete from the USRowing Beach Sprint Trials ([Section 5.3](#)).

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

11.2 Any replacement of athletes must comply with these selection procedures in addition to IOC, USOPC, and IF regulations including applicable Late Athlete Replacement (LAR) policies.

11.3 Once the NGB is no longer allowed to add a replacement athlete to the Team, if an athlete is unable to compete, the starting position will be reassigned at the Games by the NGB Coaching Staff.

- In this instance, the starting position must be filled by an athlete who is nominated to the Team in another event.

11.4 All replacement athletes must meet all requirements listed in Sections 2-3.

SECTION 12: RIGHT TO A HEARING

An athlete who is removed from the Team has the right to a hearing per the NGB's complaint procedures (see USRowing [Grievance Procedures](#)).

SECTION 13: REQUIRED DOCUMENTS

In addition to the USOPC Delegation Conduct Requirements, the following documents are required to be signed by an athlete as a condition of nomination to the Games:

- [USRowing Code of Conduct](#)
- [USRowing Athlete Agreement](#)

SECTION 14: DISCLAIMERS

These procedures are based on IOC and IF rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or IF rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to NGB.

However, the selection criteria are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency. If any force of nature, pandemic, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures may require revisions, pursuant to their resubmission to the USOPC.

SECTION 15: CONFLICT OF INTEREST

All individuals who developed these selection procedures (Section 20) must comply with the [NGB Conflict of Interest Policy](#), to include completing and submitting a disclosure form consistent with the NGB Conflict of Interest Policy before convening the committee.

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

Additionally, any person with a good faith belief that an individual has a conflict of interest may report the alleged conflict of interest to the NGB Ethics Committee. Reports may also be made anonymously through the [USOPC Integrity Portal](#). No individual shall retaliate in any way against a person who, in good faith, reports an alleged conflict of interest.

SECTION 16: QUESTIONS REGARDING ATHLETE SELECTION PROCEDURES

Athletes may contact the individuals listed below for information about these selection procedures.

Name: Will Daly

Position: USRowing Director of High Performance Operations

Email: Will.Daly@usrowing.org

SECTION 17: GRIEVANCES

The NGB Grievance Procedures can be found here <https://usrowing.org/governance/policies-procedures>.

SECTION 18: NON-RETALIATION

The USOPC and NGB have zero tolerance for retaliation against people who make good faith reports of potential ethical, policy, or legal violations, or who cooperate with investigations of those reports. That means no USOPC or NGB staff, Board or Committee member, or volunteer may threaten, harass, discriminate against, or take any negative employment or related action (e.g., discharge, demotion, suspension, negative review) on that basis.

- Individuals may report concerns to the NGB by following the NGB Whistleblower Policy (<https://usrowing.org/governance/policies-procedures>)
- Individuals may report concerns to the USOPC confidentially, or anonymously, online using the [USOPC Integrity Portal](#) or individuals may call the USOPC Integrity Hotline at 1-877-404-9935.
- Additional information can be found in the USOPC's [Speak Up Policy](#).

SECTION 19: SUPPORTING DOCUMENTS

NGB will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process as required by the NGB Records Retention Policy or for six months past the date of the Closing Ceremony of the 2026 Youth Olympic Games, whichever is longer.

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

SECTION 20: DEVELOPMENT, APPROVAL & CERTIFICATION OF SELECTION PROCEDURES

The following committee of individuals developed these selection procedures.

NAME	ROLE
Josy Verdonkschot	The McLane Family Chief High Performance Officer
Nick Mead	10 year athlete representative
	(e.g., Coach)

The following individual approved these selection procedures and through their signature, certifies that the procedures comply with the standards and criteria set by the IF. The following individual further certifies that the information provided herein regarding Athlete Selection Procedures represents the method approved by the [USRowing](#) and that these selection procedures will be posted on the [USRowing](#) website.

POSITION	NAME	SIGNATURE	DATE
USRowing Chief Executive Officer	Peter Roby		July 21, 2026

The following individual affirms that they read and understand the selection procedures.

POSITION	NAME	SIGNATURE	DATE
Team USA Athletes Commission Representative*	Robin Prendes		7/30/26

* If the Team USA Athletes' Commission Representatives have delegated authority to another 10 Year Athlete Representative to sign the Selection Procedures, attach a letter from the Team USA AC Representative indicating the reason they have delegated authority.

* If, for some reason, a sport does not have an elected Team USA AC Representative, the NGB must designate a 10 Year Athlete from that sport to review and sign the Selection Procedures.

Revision History

Date	Revisions
	Original document published

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

APPENDIX A – COMMONLY USED ACRONYMS

AAC – Athletes’ Advisory Council

AC – Athletes’ Commission

Act or TSOASA – Ted Stevens Olympic and Amateur Sports Act

APC – Americas Paralympic Committee

CAS – Court of Arbitration for Sport

Center or CSS – U.S. Center for SafeSport

CF – Continental Federation

IMS – Internally Managed Sport (sport managed by the USOPC)

IOC – International Olympic Committee

IPC – International Paralympic Committee

IF – International Federation

LOC – Local Organizing Committee

NGB – National Governing Body

NOC – National Olympic Committee

NPC – National Paralympic Committee

OCOG – Organizing Committee of the Olympic Games. The OCOG refers to the Organizing Committee of the Paralympic Games as well.

PAG – Pan American Games

Panam Sports or PASO – Pan American Sports Organization

PPAG – Parapan American Games

PSO – Paralympic Sport Organization

TEAM USA AC – Team USA Athletes’ Commission (formerly USOPC AAC)

USADA – United States Anti-Doping Agency

WADA – World Anti-Doping Agency

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

APPENDIX B – GLOSSARY

Contingency means a future event or circumstance which is possible but cannot be predicted with certainty.

Delegation Event means the Olympic Games, the Olympic Winter Games, the Paralympic Games, the Paralympic Winter Games, the Pan American Games, and the Parapan American Games.

Force Majeure means an event or effect that cannot be reasonably anticipated or controlled (e.g., hurricane, tornado, etc.).

Grievance Procedures means the process that enables an athlete to file a complaint with the NGB or USOPC.

Jurisdiction means the power or authority to make decisions and judgments.

Nominated means an athlete, coach or staff member whose name has been submitted to the USOPC by an NGB for participation in the Games.

Protected Competition means a Delegation Event or a Qualifying Competition.

Qualifying Competition means either of the following:

- i. **NGB Qualifying Competition:** Any competition or activity organized or approved by the NGB where the athlete's performance or results are considered in the published selection criteria to represent the United States in a Delegation Event.
- ii. **International Qualifying Competition:** Any international sport competition where (i) athletes represent the United States against athletes representing other nations, (ii) the NGB officially designates entrants, as required by the competition organizers, and (iii) athlete results or performance are included in the published criteria to qualify, or be selected, to represent the United States in a Delegation Event.

Selected means an athlete, coach or staff member whose name has been submitted by the USOPC to the OCOG at the final submission date, as determined by the OCOG.

USRowing

Rowing Beach Sprints Athlete Selection Procedures

2026 Youth Olympic Games

APPENDIX C – ATHLETE RESOURCES

SAFESPORT HELPLINE

The SafeSport Helpline provides crisis intervention, referrals, and emotional support specifically designed for athletes, staff, and other SafeSport participants affected by sexual violence. Through this service, support specialists provide live, confidential, one-on-one support that is available 24/7. Individuals can call the Helpline at 866-200-0796 or visit www.safesporthelpline.org.

TEAM USA ATHLETES' COMMISSION (Team USA AC) *(Formerly Athletes' Advisory Council)*

The Team USA AC is responsible for broadening communication between the USOPC and active athletes and serves as a source of input and advice to the USOPC Board of Directors.

WEBSITE: www.usopc.org/teamusa-athletes-commission

TEAM USA MENTAL HEALTH RESOURCES

For those in need of mental health support, USOPC Psychological Services is available at psychservices@usopc.org, or you can connect with a licensed mental health provider 24/7 through the USOPC Psychological Services Support Line at 719-866-2255. You can also visit <https://www.usopc.org/mental-health> for information about all available resources or complete our referral link at go.teamusa.org/referrals to get connected.

USOPC DISPUTE RESOLUTION UNIT (DRU)

For Protected Competitions, USOPC's DRU oversees the administration of dispute resolution services to athletes and other members of NGBs for grievances under the USOPC's jurisdiction to ensure the complaints are heard in a timely and fair manner. For more information about this process, please visit the [dispute resolution website](#).

USOPC ETHICS AND COMPLIANCE

USOPC's Ethics and Compliance team is responsible for ensuring the USOPC and NGBs comply with the Ted Stevens Olympic and Amateur Sports Act, their own bylaws and policies, and any other applicable laws or regulations. Any individual may report concerns confidentially, or anonymously, online using the [USOPC Integrity Portal](#) or individuals may call the USOPC Integrity Hotline at 1-877-404-9935 to report their concern over the phone.

USOPC SECURITY AND ATHLETE SAFETY REPORTING PORTAL

Athletes can report an incident of emotional, physical, or sexual misconduct, a violation of the Minor Athlete Abuse Prevention Policies (MAAPP) or a general security incident or concern through the [Safety Reporting Portal](#). Athletes may also report to the USOPC over the phone at 719-866-3869.