



**& SENIOR TEAM SPEED
ORDER**

ENTRY PACKET



AT

Welcome to the 2026 USRowing Youth Beach Sprint National Championships!

Please read this packet completely as it includes information regarding entries, rules, events, qualification, eligibility, venue and other information about the policies governing this regatta. All crews competing in the USRowing Youth Beach Sprint National Championships are responsible for the information contained in this packet.

SENIOR EVENTS: There will be two senior events held at the 2026 USRowing Youth Beach Sprint National Championships, the CM1x and the CW1x which will provide automatic qualification to the Beach Sprint selection camp later in the summer. For more information on that process, please refer to the last page of this entry packet.

Be well and row fast,
USRowing



NOTE: Sections marked with an asterisk (*) have wording unique to the specific Youth Series event.

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IMPORTANT DATES & SCHEDULE INFORMATION

IMPORTANT DATES

MARCH

JUNE

1

MARCH 13, 2026

Registration opens on RegattaCentral.

2

JUNE 3, 2026

Deadline to input entries for the regatta without paying late fees.
Last day to scratch entries and receive a full refund of the entry fee

JUNE 8, 2026

Event schedule published.

JUNE 8, 2026

Coaches & Athletes meeting (virtual)

JUNE 9-10, 2026

Late entry period.

JUNE 10, 2026

Deadline for lineup changes to be entered into RegattaCentral.

JUNE 15, 2026

Required Beach Sprints Orientation

JUNE 16-17, 2026

Racing Days.

***ATHLETES & COACHES PRE-REGATTA MEETING**

Athletes and Coaches Pre-Regatta Meeting will take place virtually over zoom on June 8, at 6:30 p.m. ET. Please **CLICK HERE** to register for the virtual pre-regatta meeting.

All competitors and coaches are responsible for all information in this packet and any information given at the Athletes and Coaches Pre-Regatta meeting. A recording for this meeting will be posted on the 2026 USRowing Youth Beach Sprints National Championships RegattaCentral page, 24 hours after the conclusion of the meeting.

***REQUIRED BEACH SPRINTS ORIENTATION**

On Monday, June 15, from 10:00 – 2:00 p.m., a beach sprints orientation will occur for athletes to gain more experience with the rowing discipline. All competing athletes and boat handlers are required to attend this orientation.

***SCHEDULE INFORMATION**

CLICK HERE for a tentative schedule. Please note that this schedule will be adjusted based on the number of entries.

The schedule will tentatively follow the below breakdown. This may be adjusted.

MONDAY: Beach Sprints Orientation

TUESDAY: Practice & Time Trials for all events. E, F, G, H finals.

WEDNESDAY: Heats, Semi Finals and Additional Finals



***ORDER OF EVENTS**

Below is the order in which finals are scheduled to be run. The schedule of races will be determined based on the number of entries at the close of registration.

YOUTH BEACH SPRINT NATIONAL CHAMPIONSHIP & SPEED ORDER EVENTS				
1	Men's Youth 1x		5	Women's Youth 2x
2	Women's Youth 1x		6	CM 1x (Speed Order Event)
3	Open Gender 1x		7	CW 1x (Speed Order Event)
4	Men's Youth 2x			

***INCLEMENT WEATHER INFORMATION**

USRowing, Chief Referee, and the Local Organizing Committee will work together to monitor the weather continuously during the regatta.

Should it be determined that schedule changes are necessary due to weather concerns, the below weather plans will be utilized.

HEAT SAFETY GUIDELINES

USRowing is pleased to announce that we have developed [Heat Safety Guidelines](#) to help identify and mitigate heat illness risk in our sport. The guidelines were developed from the World Rowing Heat Safety Committees. All USRowing Owned regattas will follow these guidelines.

[CLICK HERE](#) for the USRowing Heat Safety Guidelines that will govern this event.

COMMUNICATION PLAN

Weather-related schedule changes will be announced utilizing the following mediums:

- Announcement will be made on the public address system at the venue.
- Online via RegattaCentral.
- Via text message. More information on this will be provided in April 2026.

Crews are responsible for staying updated on all announced schedule changes.

SCHEDULE CHANGE PRIORITY SYSTEM

1. Delay racing either later the same day or to the next day, if time is available.
2. Begin racing earlier than previously announced.
 - a. Announcement will be made no later than three (3) hours before racing or 9:00 p.m. the evening before in the case of morning racing.
3. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If Grand Finals must be omitted, medals will be awarded based on the results of the last completed round of the event.
4. If rounds must be omitted, the priority for rescheduling and race cancellations will give priority to ensuring the "A" Finals are held, and those events progressing into the "A" Finals are prioritized over the "E", "D", "C", and "B" finals.
5. Cancel regatta.

Under no circumstances will races be rescheduled for a date later than June 17, 2026.



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REGISTRATION INFORMATION

USROWING MEMBERSHIP

All U.S. based organizations must hold active organizational membership to be in good standing. For more information on organizational requirements, visit our website [HERE](#). Organizations can review their team accounts by logging in [HERE](#) using their RegattaCentral username and password.

For individuals to be compliant and eligible to compete in USRowing owned events, all the following criteria must be met:

- Hold an active USRowing Championship Membership
- Electronically signed USRowing Membership Agreement and Waiver
- Completed SafeSport self-attestation (if 18 years old or older)
- Current with SafeSport training (if 18 years old or older)

Competitors can renew an expired membership or check their current membership status by logging in to their member profile using their member number [HERE](#). For more information on the compliance requirements, visit our website [HERE](#).

To avoid delays at registration, teams should make sure all competitors meet all membership requirements prior to arriving at the event. A current list of your athletes, their member numbers and compliance statuses can be found on the online team roster through the USRowing Membership Portal [HERE](#).

United We Row Support: If you have athletes who are in need of financial assistance for the membership requirement, please apply for a Bridge Membership or United We Row scholarship [HERE](#).


COACHES AND SUPPORT STAFF:

All coaches and support staff attending the regatta must be registered for the regatta and meet their role-based compliance requirements below to ensure the safety of all participants. To register attending coaches and support staff, log into RegattaCentral [HERE](#), select the USRowing Championship Regatta, and click Coaches & Support Staff from the sidebar menu. When prompted, select your team and search for the respective coaches and support staff to register from your roster. Note: Coaches listed as a boat coach are not automatically pulled into this area as a registered event coach.

COACH COMPLIANCE REQUIREMENTS

- An active USRowing Membership (Basic or higher tier)
- Current signed USRowing membership agreement and waiver.
- Completed SafeSport self-attestation.
- Current with SafeSport training.
- Cleared and current USOPC approved background check through NCSI.

SUPPORT STAFF

- An active USRowing Membership (Supporter or higher tier)
- Current signed USRowing membership agreement and waiver. 
- Completed SafeSport self-attestation.
- Current with SafeSport training.

In compliance with USRowing regulations, organizations participating in USRowing owned and/or sanctioned events may undergo random selection for audit. This audit will focus on ensuring that all adult participants with the organization have completed necessary SafeSport training and have current USOPC approved background checks if required by USRowing policies.

VOLUNTEER POLICY

USRowing implements a volunteer policy at all USRowing-owned events. For every USRowing-owned championship regatta, every registered team will be required to provide at least one (1) volunteer to work one (1) 4–6-hour shift during the regatta.

NEW for 2026: Teams that have not registered for their required volunteer shift by the final day of the entry deadline may be prevented from competing at a USRowing-owned regatta until a volunteer shift is signed up for.

Please click [HERE](#) for the full USRowing Volunteer Policy.

SAFESPORT

The physical and psychological well-being of all Participants is a priority for USRowing, and education is critical to prevent the harm that misconduct causes our members. In partnership with the U.S. Center for SafeSport, USRowing provides training on how to identify and prevent the various forms of misconduct, all Adult Participants within the Olympic & Paralympic Movement who have (i) Regular Contact with amateur athletes who are a minor, (ii) authority over amateur athletes who are a minor, or (iii) are employees or board members of USRowing or Member Organizations as well as (iv) adult athletes who have regular contact with amateur athletes who are a minor are required to take the SafeSport Trained Core course or its relevant refresher training on an annual basis. If an Adult Participant has not completed the SafeSport training that they are required to prior to attending a regatta, the Participant will not be allowed to participate.

As a member organization of the U.S. Olympic & Paralympic Committee (USOPC), USRowing and USRowing Member Organization's members, employees, contractors, volunteers, officials, board members, committee members and other designees (collectively "Participants") are required to comply with the U.S. Center for SafeSport Code of the U.S. Olympic and Paralympic Movement.

As a registered Participant in a USRowing event, you are required to adhere to [USRowing's Abuse Prevention and Response Policy](#). Additionally, reporting misconduct is vital to protecting athletes and preventing further incidents. Sexual Misconduct must be reported to the U.S. Center for SafeSport at U.S. Center for SafeSport at <https://uscenterforsafesport.org/report-a-concern/> To report other forms of misconduct, including violations of the Athlete Abuse Prevention Policies, refer to the reporting protocols, including how to report a violation.

IMPORTANT: All Relevant Adult Participants (defined here) must complete SafeSport training and be in good standing by the lineup entry deadline. If this is not the case, the Relevant Adult Participant will not be eligible to participate and will not be allowed to be on site.

Click [HERE](#) for the Athlete Safety Procedures for USRowing Event Organizers.

Click [HERE](#) for information regarding USRowing's Abuse Prevention and Response Programs.

[CREDENTIALS](#)

A coach or team representative may pick up the credentials for their team onsite at registration. Regatta registration fees must be paid in full prior to credential distribution. Credentials will be withheld for any noncompliant athletes, coaches, or support staff and can be picked up at registration once compliance is met.

Athletes, Coaches, and Support Staff will be required to show credentials in order to pass through Control Commission and launch for racing sessions. Crews may not be able to launch without showing proper credentials. Credentials can be worn on either wrists or ankles.

[ENTRY FEES](#)

Entry fees for the 2026 USRowing Youth Beach Sprint National Championships will be per-athlete rather than per-boat entry. Athletes will be charged once for the entire regatta, not by the number of events they are entered in.

Entry fees will vary based on venue- and competition-specific costs.

Any athlete receiving waived or discounted USRowing Championship membership fees through our Bridge membership programs will not pay entry fees to participate in the 2026 USRowing Youth Series.

All late entries will be charged an additional \$50 per boat during the late entry period.

2026 USRowing Youth Beach Sprint National Championships - Entry Fee	\$95 per athlete/coxswain
2026 USRowing Youth Beach Sprint National Championships - Late Fee	\$95 per athlete/coxswain + \$50 fee for a late boat submitted.

Entry fees become non-refundable after June 3, 2026. On June 4, 2026, a team’s final invoice will be sent to the team administrator. All entry fees must be paid before a team arrives on site. After this date, unpaid entries may be scratched from the regatta.

Crews representing an organization with an outstanding balance from any USRowing activity may not be allowed to compete until the balance is paid in full.

***ATHLETE SPARES**

Any athlete that is traveling to the 2026 USRowing Youth Beach Sprints National Championships and is expecting to gain access into the Athlete Area will be required to pay the per athlete/coxswain athlete fee. Any athlete that is listed as a spare on RegattaCentral by June 3, 2026, will be charged the per athlete/coxswain athlete fee.

No spares will be accepted after the deadline.

***ENTRY LIMITS**

All events will be limited to a maximum of 16 total entries.

TEAM ENTRY LIMITS

Teams are only allowed to have two entries per event. There will be a waitlist of additional entries wanting to compete at the 2026 USRowing Youth Beach Sprints National Championships. Waitlist entries will be accepting in order of when the entry was submitted.

COMPETITOR ENTRY LIMITS

No competitor shall enter more than two events at the Youth National Beach Sprints Championships. No race will be delayed or held because of hot seating. Regatta staff will not facilitate getting athletes in place for hot seating.

***SCRATCHES**

A crew that enters in the 2026 USRowing Youth Beach Sprints National Championships shall be required to compete in all its stages: time trials, heats, semifinals, and/or H, G, F, E, D, C, B, or A finals. Failure to participate in an event for which a crew has registered may result in a one-year suspension for that team for that registered event.

***LINEUPS & LINEUP CHANGES**

All entries must include the line-up of athletes to compete as part of that entry.

Line-up changes must be submitted no later than 1 hour before the first race of the event for which the crew is entered.

ENTRY FEE REIMBURSEMENTS

After June 3, 2026, no refunds will be given under any circumstances. If you do not remove entered spares not attending Youth Beach Sprint Nationals, after June 3, there will be no refunds.





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COMPETITION INFORMATION

***ELIGIBILITY**

The USRowing Youth Beach Sprints National Championships is an open event to Youth athletes. This event does not require qualification for the 2026 season.

Entries/Crews from outside of the United States are not eligible to compete at this event. All participants must be USRowing citizens.

***SKILL ELIGIBILITY**

Athletes must obtain the listed skills and pass the safety checklist prior to competing at the 2026 USRowing Youth Beach Sprints National Championships.

- All athletes are required to have prior experience and skill ins sculling.
- All athletes are required to provide two boat handlers.
- All athletes are required to pass the safety checklist that will be given at the Beach Sprints Orientation on Monday, June 15.

***BOAT HANDLER INFORMATION**

Each boat is required to provide two boat handlers that will assist the boat and perform the necessary tasks during the competition. Boat handlers must register under "Support Staff" on RegattaCentral and meet the compliance requirements.

DEFINITIONS

From December 1–31, 2025, USRowing conducted the annual Domestic Regatta Entry Packet Comment Period. As part of this process, a proposal was released outlining potential changes to the Youth Series Age Categories & Definitions. Following the formal review process, the 2026 & 2027 USRowing Youth Series will continue to adopt the Youth Definition and subsequent age categories that were in place in 2025. To learn more about the proposal and final decision, click [**HERE**](#). Thank you to everyone who shared feedback during this process.

YOUTH: A Youth is a competitor who in the current calendar year does not attain the age of 19, or who in the current calendar year does not attain the age of 20 and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A Competitor thus ceases to be a Youth after December 31 of the year of their 18th birthday (U19), or upon completion of the 12th grade of secondary school, having been a full-time student within the year of their 19th birthday (U20). Athletes older than U20 are never eligible to compete as Youth.

UNAFFILIATED: Crews entered as "Unaffiliated" are not considered to be representing a club or organization for this regatta. Competitors may compete as "unaffiliated" in single sculls only, as composite entries are not accepted for this event. "Unaffiliated" competitors must meet the individual membership requirements listed in this packet.

WOMEN'S EVENTS: This category is limited to athletes who were assigned a sex at birth of female.

MEN'S EVENTS: This category is for rowers of any sex and gender.

OPEN GENDER EVENTS: This category is for rowers of any sex and gender. Rowers who participate in this category may compete in either the Women's or Men's competition category if they qualify for such category.

NOTE: The intention behind this category is to create space for non-binary and gender diverse athletes to compete if they wish to do so outside of the binary events, but all are welcome to compete here.

AFFILIATION

The standard 2026 USRowing affiliation rule does not apply at this regatta. Composite entries are welcome to participate.





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RULES

USRowing's 2026 World Rowing Rules of Rowing will govern this event. USRowing licensed referees will officiate the event to ensure safety and fairness.

UNSPORTSMANLIKE CONDUCT

The 2026 Youth Beach Sprint National Championships does not tolerate unsportsmanlike conduct and follows the USRowing Rules of Rowing guidance for the act.

If you or one of your athletes witnesses unsportsmanlike conduct of any kind, please refer to the **USRowing Code of Conduct** on how to escalate the matter.

DATA-READING DEVICES

Data-Reading oarlocks are not permitted at the 2026 USRowing Youth Beach Sprints National Championships, unless the batteries are removed from the oarlock and stay removed from the time a boat launches to when they recover.

OUTSIDE ASSISTANCE & COMMUNICATIVE DEVICES

The 2026 USRowing Youth Beach Sprints National Championships follows rule "2-409 Outside Assistance" from the Rules of Rowing. Crews are prohibited from communicating with a coach using an aided voice, once they leave the launch docks.

BOW NUMBERS

Bow numbers for time trial heats will be distributed to each crew with their athlete credentials during the on-site registration hours. Crews must collect their bow numbers from the USRowing registration desk before trying to launch for time trials. Bow Numbers for sprint racing will be given out at Control Commission. All bow numbers can be returned to control commission.



WEIGH-INS

There will be no athlete or boat weigh-ins at the 2026 USRowing Youth Beach Sprint National Championships.

SEEDING

Bow assignments for the time trials in 2026 Youth Beach Sprints National Championships will be randomized.

PROGRESSION

Each crew is responsible for knowing the progression of their event. Progressions may not be announced at the starting line.

IMPORTANT: Once a boat has started the progression, it must race through as many stages of that progression for which it qualifies. Failure to race in a semifinal or final for which a boat qualifies may result in that team forfeiting the right to race in that event at the subsequent year's regatta.



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MEDALS & TROPHIES

MEDALS

Medals will be awarded to the first, second, and third-place finishers in each A- Final.

Medals will be awarded at the Awards Area. The awards ceremony will take place after Finals conclude on Wednesday.

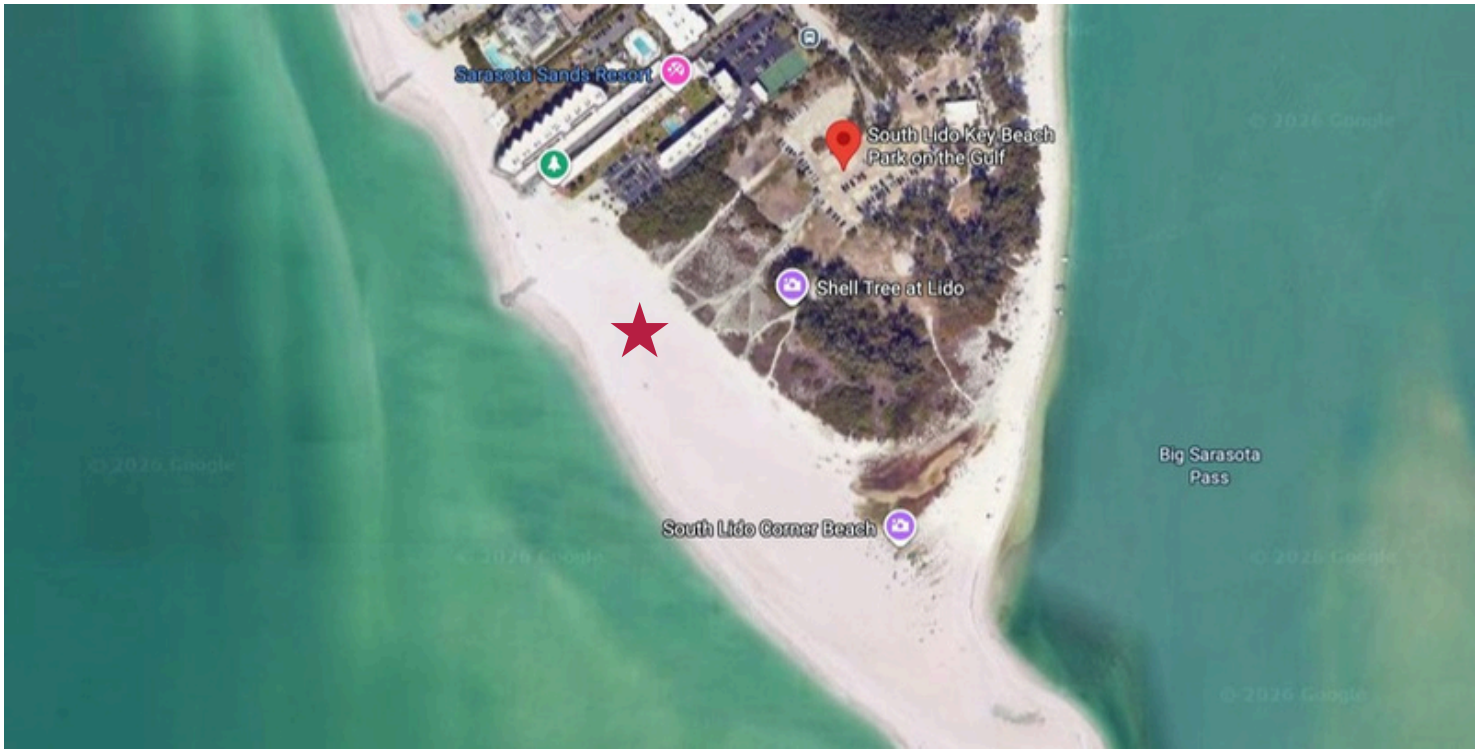




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VENUE INFORMATION

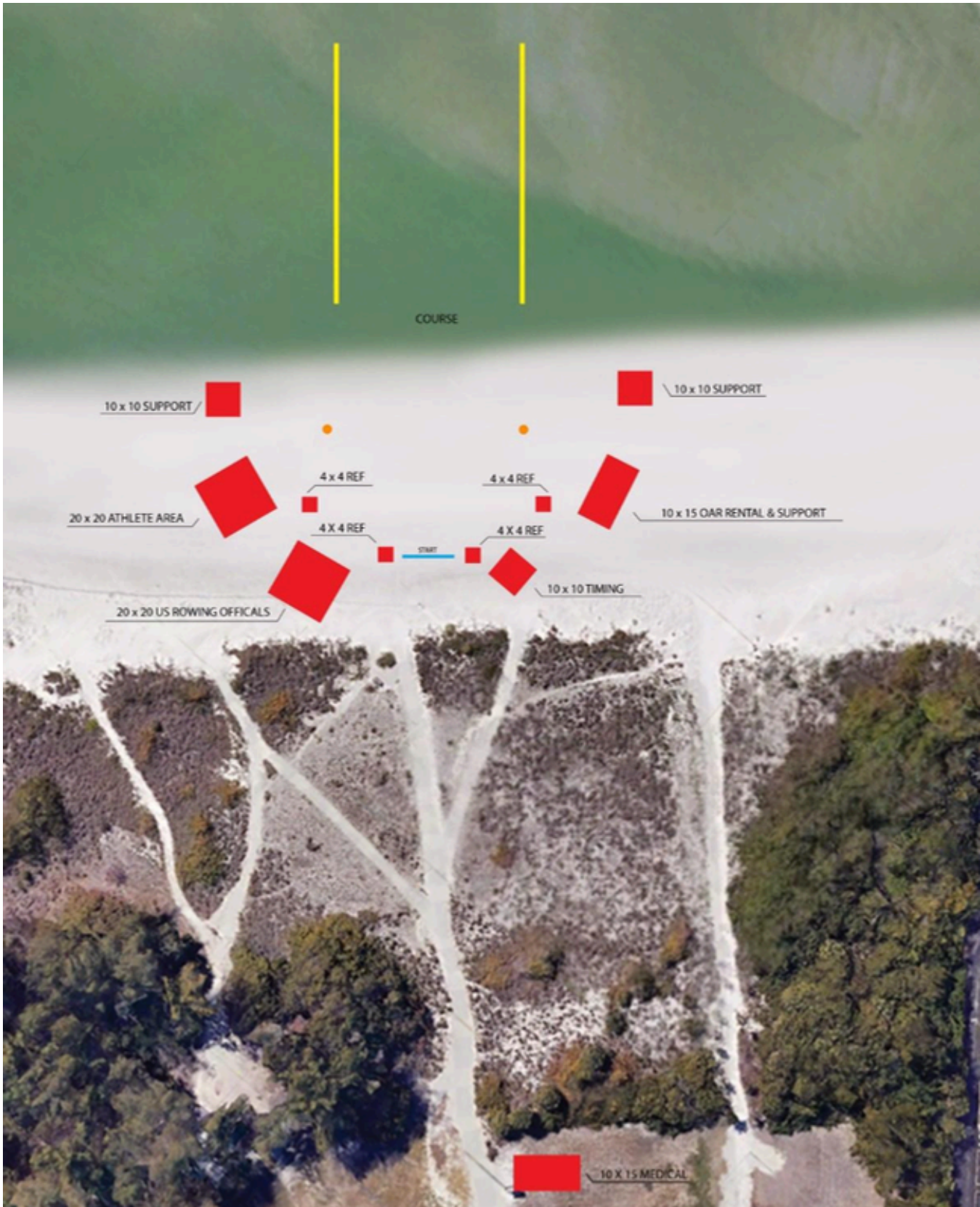
SOUTH LIDO KEY PARK, SARASOTA, FL



SPECTATOR & TEAM PARKING INFORMATION

All vehicles attending the 2026 USRowing Youth Beach Sprint National Championships will park in the South Lido Key Beach Parking lot on the right hand side.

TRAFFIC PATTERN MAPS



TRAILERS & BOAT STORAGE

USRowing will provide all beach sprint shells for competitors. No outside shells will be allowed to practice or race in.

TEAM TENT INFORMATION

All athletes will have access to a 20x20 athlete shade tent.

SPECTATOR INFORMATION

Spectators will not have access to the field of play, but may bring their own chairs/tents to view racing!

LIVESTREAM INFORMATION

The 2026 USRowing Youth Beach Sprint National Championships will be livestreamed on Overnight. Click [HERE](#) to watch racing!





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PRACTICE & ADDITIONAL INFORMATION

PRACTICE

Please review the practice schedule linked [HERE](#).

EVENT DRONE POLICY

In accordance with USRowing's drone policy, anyone interested in utilizing a flying drone at the regatta venue must receive approval from USRowing and the Local Organizing Committee.

Unapproved drones are not permitted anywhere on the regatta venue. Continued use of unapproved drones may result in penalties to the associated crew, and the operator may be subject to removal from the venue.

A crew may be subject to an "unsportsmanlike conduct" penalty if a person affiliated with their organization, including spectators and parents, engages in the use of an unapproved drone at the regatta venue.





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ACCESSIBILITY, INCLUSION, & ACCOMMODATION

USRowing is committed to accessible and inclusive events for all. All spectator, competition, awards, and parking areas are accessible. **If you or someone in your organization needs an additional accommodation for a disability, please fill out this link [HERE](#) as soon as possible.**





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SENIOR EVENTS

CM1x & CW1x SPEED ORDER

Please familiarize yourself with the following:

Beach Sprint Selection Procedures

Competitors are responsible for providing their own boat handlers.

Entrants are reminded that the rules for the coastal discipline require rowers to be responsible for making decisions in relation to their level of skills. Please make sure your teams have suitable experience of racing in waves alongside their rowing competency.

USRowing is committed to fair play. All athletes participating in selection for, and competing as a member of, all U.S. national rowing teams must be in compliance with United States Anti-Doping Agency (USADA), International Olympic Committee (IOC), United States Olympic and Paralympic Committee (USOPC), World Anti-Doping Agency (WADA), FISA and USRowing rules and requirements relating to banned substances, including but not limited to undergoing testing and obtaining and maintaining current therapeutic use exemptions as needed. Failure to adhere to anti-doping rules and requirements may result in an athlete losing eligibility to compete for the United States.

SELECTION ELIGIBILITY

- All competitors must have completed the USRowing **ECG and Pre-Competition Health Screening**.
- All competitors must have completed the USRowing Anti Doping Acknowledgement.
- All competitors must be current Championship, or Legacy Members of USRowing and have a signed liability waiver on file.
- All competitors must have current Safesport training.
- Competitors in the event must have a valid US passport, many countries require that your passport be valid for at least 6 months past the date of departure.

Athletes will not be permitted to launch if they are not in compliance with these requirements. To renew or create a Membership, go to www.usrowing.org and click on "Join" or contact member services at 1-800-314-4ROW. To sign your waiver and Anti-Doping Acknowledgement, go [here](#).

RACING FORMAT

Please see the **2026 Beach Sprint Selection Procedures**.

Please note that we will be following the **World Rowing Beach Sprint Progression** for Eight Entries. Time trials will be used to cut to the eight.

Also please note that World Rowing has recently implemented new rules for Beach Sprints which will be in place for these trials. Please take note of the following items:

1. Crews are required to have at least one boat handler of each gender when there are two or more boat handlers.
2. Crews will be required to designate a preferred lane prior to the beginning of the Final Round of Eight racing. You will not be able to switch lanes after racing begins.

ADVERSE WEATHER POLICY

Click to view the **[Adverse Weather Policy](#)**

EQUIPMENT

USRowing has secured pool boats which will all be rigged with a spread of 158cm, 5 degree pitch with .5-1 degree lateral pitch and at the maximum height. All entrants are required to bring their own oars for use.

BOAT HANDLERS

All entrants are required to arrange for their own boat handlers. Boat handlers are required to take SafeSport training and have a current USRowing Membership to be eligible to participate in the event. Also please note the updated World Rowing requirement for genders of boat handlers listed above.

SPEED ORDER WINNERS

All athletes winning at the Speed Order will be offered a spot at the Beach Sprint selection camp later in the summer.

ANTI-DOPING

All competitors must have completed the USRowing Anti-Doping Acknowledgement. This acknowledgment, and your USRowing liability waiver, can be signed **[here](#)**.

To learn more about Anti-Doping Information, please go **[here](#)**.

For questions about the Speed Order, contact Mike Zimmer (**michael.zimmer@usrowing.org**).

USROWING®
YOUTH BEACH SPRINT
2026
NATIONAL CHAMPIONSHIPS
SARASOTA, FL



ALL PHOTOS
CREDIT:
Row2k